Give Yourself a Break

Amongst the most attractive words of Jesus are the following: ‘Come to me all you who are heavily burdened and I will give you rest.’ Few reading this would not feel over-burdened. It seems to be the nature of our society: run, run, run...achieve, achieve, achieve. How we want a break, a rest from it! So how do we get it? Jesus goes on, ‘Shoulder my yoke and learn from me for I am gentle and humble of heart.’ ‘Shoulder my yoke...’ he says – not the myriad of things that burden us. When I stop and think of it, I wonder how many of our burdens are of our own making, or rather come from taking on the expectations of others. How many things do we do because we are fearful that other people might think less of us! The only thing worse than other people’s expectations on us are our own. Some of us are very hard task masters.

But if I stop and ask, ‘What is the yoke Jesus wants me to bear?’ everything shifts. I don’t have to live up to anyone’s expectations, not even my own. I just have to accept the unique gift of myself that God is giving me and fulfil the destiny involved in that. So what does this usually entail for us? The very roles we already have: being a parent, a friend, a son, a daughter, a workmate. Of course there will be challenges in loving and serving. (This call has come, after all, from the same Jesus who calls us to carry our cross.) But these will be challenges that bring life, not a sense of being over-burdened.

Loving Father, let me be the unique person you have called me to be. Let me live, love and serve in the special way you want from me. Let Jesus be with me as I take up this yoke and may his kind and gentle heart transform my own. I ask this in his name confident that you will hear me.

Sr Kym Harris oeb

DATES FOR YOUR DIARY

<table>
<thead>
<tr>
<th>Date</th>
<th>Event Description</th>
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<tbody>
<tr>
<td>12th Nov</td>
<td>Huon &amp; Channel Athletics Carnival, Mass 12pm</td>
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<tr>
<td></td>
<td>Kinder to Port Huon Pool for swimming lesson,</td>
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<td></td>
<td>P &amp; F Fair meeting 5.30pm</td>
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<tr>
<td>17th Nov</td>
<td>P&amp;F Fair meeting 5.30pm</td>
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<tr>
<td>24th Nov</td>
<td>P &amp; F Fair meeting 5.30pm</td>
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<tr>
<td>5th Nov</td>
<td>Twilight Fair</td>
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</tbody>
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Sacred Heart Catholic school acknowledges the traditional owners of country throughout Tasmania and their continuing connection to land, sea and community. We pay our respect to them and their cultures, and to the elders past and present.

“Another separation here, and the happy hope of an eternal meeting”
Mary MacKillop - 10.11.1898
Dear Parents

SCHOOL HOUSE ATHLETIC CARNIVAL
Last Wednesday we had our School House Athletic Carnival at Huonville Oval. The weather was dodgy but our staff and students really wanted to get through the carnival; so we did! Well almost. The whole event was extremely well planned and run thanks to coordinator, Shae Longey and our wonderful staff and parent helpers. All our children took part in sprints, long distance events, long and high jump, novelties, shot put and ball throw to name but a few. It was wonderful to see our students striving to do their best, but even more inspiring to see them encouraging each other.

All in all, a great day. Special thanks to Marty Doyle, father of Kirra and Blake for giving us access to Little Athletics gear and helping us to set up on the day.

FINAL POINTS: Picton - 1987 points Hartz - 1656 points

REMEMBRANCE DAY

Today, our school gathered in our Reconciliation Garden for our Remembrance Day Service. The 11th November is the day that the Second World War officially ended. We remember all those who fought for their countries and their families who were also affected. Our Grade 6 students, Lawson Grey, Reece Scotland, Fraser Johns and Milo Burgess, led this service in a very reverent and respectful way.

Blair Gifford, Lilly Greene, Tommy Twaits and Lily Oates accompanied by Mrs Maree McQueen attended the Geelong Remembrance Day Service. These children joined the local community to remember all those affected by war.

SCHOOL TWILIGHT FAIR ONLY 3 WEEKS AWAY – HOW YOU CAN HELP

Our School Twilight Fair is now only 3 weeks away and we need everyone’s support to ensure that it is a really enjoyable and successful fair. All money raised from this year’s fair will go towards a number of new playground projects that all our students will benefit from. How can you assist?

- By sending in donations for the different stalls.
- Donating a prize for the chocolate wheel.
- Selling book/s of Trailer Raffle tickets.
- By offering to help out on a stall, set up or pack away.
- Can you display a poster/s in Dover, Franklin, Geelvston and Huonville to help advertise our fair?

ALL WELCOME
Sacred Heart Catholic School
Country Style Twilight Fair
Fri 28th November 4 - 7pm
Food Stalls - Coffee
Act - Rides - Music
Free Activities - Plants
Raffle - SES Demos
Chocolate Wheel - Pony Rides
Sacred Heart
4680 Huon Highway
Geeveston
SCHOOL EMERGENCY EVACUATION & LOCKDOWN PRACTICES
Parents are reminded that from time to time we do have emergency evacuation and lockdown practices at school. This is to ensure that students and staff know and understand what procedure we need to follow in the event of an emergency. Part of this process does involve class teachers practicing, but also talking to the students about this. At present we are practicing our lockdown arrangements at school, so your child might come home with a question, comment or even a concern. Please let us know if there is something we may need to follow up on.

MUSIC AT SACRED HEART CATHOLIC SCHOOL
This year, we have started a band at Sacred Heart and there are a number of Grade 4 and 5 children who are really enjoying this program. Some are even having private lessons, which is fantastic.

DRUM KIT NEEDED URGENTLY
If you have a drum kit that you would like to sell or donate to the school, please let Mr Brighella know as soon as possible. The kit does need to be in good working order.

NO ASSEMBLY TOMORROW – MONTHLY MASS ON AT 12PM
As we have our monthly Mass being led by Prep, we will not be having assembly tomorrow.

Parents are most welcome to attend Mass.

COMMUNICABLE DISEASES – PLEASE LET US KNOW
A reminder to all parents that if your child is diagnosed with the Measles, Mumps, Chicken Pox, School Sores, Whooping Cough etc, you do really have a responsibility to let the school know. Some of these conditions are highly contagious and it is important that we let parents know for their awareness.

IF YOUR CHILD IS SICK OR AWAY . . .
We regularly have to phone parents to find out why their child is not at school. It is the parent’s responsibility to notify the school office, by 9.15am (at the latest) if your child is not attending school. Hundreds of dollars in unnecessary phone calls could be saved and used to provide good school resources for your child to use. You can phone, email or send us a Skoolbag message.

2 WEEK SWIMMING PROGRAM COMING UP
Parents are advised that our 2 week swimming program will run from Monday, 24th November – Friday, 5th December. The program will run during school hours at the Port Huon Swim Centre for all students from Kinder – Grade 6.

PRE-KINDER SESSIONS
Yesterday, our Pre-Kinder sessions commenced for our new Kinder children (and their parents) coming to Sacred Heart in 2015. These sessions will run for 5 weeks leading up to Orientation Day on Monday, 15th December.

NEXT P&F & FAIR MEETING – TOMORROW NIGHT
Our next P&F meeting (inc Fair Meeting) is on tomorrow, Wednesday, 12th November commencing at 5.30pm in the JLC. All parents are most welcome. Stall-holders are encouraged to attend.
STALL SPONSORSHIP – ARE YOU INTERESTED IN SPONSORING A STALL?

Is your business interested in sponsoring a stall? Gold ($200) – Silver ($100) & Bronze ($50) Sponsorship is available. Your business will be advertised in the following way:
If you are interested in taking up this advertising offer, please contact the Principal, Mr Luch Brighella. Sponsorship money will be used to support individual stalls.

PLANT STALL
Kindly sponsored by
TRENT DOWLING - ABORIST

Have a great week!

Luch Brighella
Principal

Cancellation of 123 Magic Parent Sessions
Sacred Heart were going to run parent 123 Magic Parent Sessions this term. Unfortunately we have to postpone these until next year. We will be running them in Term 1 2015.

2015 SCHOOL CALENDAR SPONSORSHIP

We are currently seeking 12 sponsors for the 2015 school calendar. Every month each page will feature one business ad., and all the sponsors and their logos are printed on the back page as well.
The cost will be $100.
Last year 170 calendars were purchased by families so they are viewed by a wide range of potential customers in the Huon.
We are providing this opportunity to our school community prior to canvassing other local businesses. If you are interested please contact Kate Greaves at mitchintas@gmail.com or on 0427971514 as soon as possible.

Thanks.
Blanket Knitting

In Grade 5/6 we have been working on a new skill, knitting! We had some grandparents and parents come in on Friday afternoons, to help teach us to knit (a first for most of us). We each knitted 1 square and worked on it throughout the term. They were a little holey and uneven, but made with love. With many finished squares we had a group of students and some adult help to sew them all together. After the blanket was completed we had a class discussion about where it would end up. We decided on giving our loved blanket to Franklin Eldercare, because lots of our families and loved ones are there. We hope they will like our gift as much as we do!

A big thankyou to all of our volunteer helpers and a special thankyou to Rebecca Goulding. We couldn’t have done it without you.

Olivia and Georgia

Volunteer Morning Tea - Save the Date

Our school community is so lucky to have many volunteer parents and grandparents. They help out in so many ways around the school, working with children to assist with their reading, organising our home reading schemes, teaching children to knit, cooking with children plus helping with other important jobs such as covering books and helping out in the library. Then there are the parents that help with fundraising and helping with events such as the Cambodiathon, sports carnivals, excursions and camps.

We would like to acknowledge the wonderful contribution our volunteers make to our school by hosting a Thank You Morning Tea on Friday 5th December at 10.30am. If you have volunteered (even just once) at Sacred Heart this year, then you are invited. Please put this date in your diary and come along so we can show you our appreciation for your help.
**SACRED HEART CATHOLIC SCHOOL**  
**Twilight Country Fair**  
*Thank You to our Sponsors and Donors*

Keep an eye out each week as we update the list of very generous individuals and businesses that will help make our fair a success. (These businesses support us, please support them)

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<tr>
<th>West Land Nursery</th>
<th>Dover Pharmacy</th>
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<td>Phillips Civil Contracting</td>
<td>Makers</td>
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<td>Huonville Pharmacy</td>
<td>El's Fashion</td>
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<td>Hawthorn Football Club</td>
<td>Duggans Tyre Service Huonville</td>
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<td>Dover RSL</td>
<td>Chemist Warehouse</td>
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<td>Southern Designs</td>
<td>Martin Doyle</td>
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<td>Cybersmart</td>
<td>John Osborne Print</td>
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<td>Coca-Cola</td>
<td>Jilly Print</td>
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<td>Bruny Island Cruises</td>
<td>Mike Wilson Accommodation</td>
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<td>Tassal</td>
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<td>Bonorong Wildlife Park</td>
<td>Nix Hair</td>
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<td>Ida Bay Railway</td>
<td>Star Anise</td>
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<td>The Mercury Newspaper</td>
<td>Nest Huonville</td>
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<td>Sally Doye L &amp; S Doyle</td>
<td>Naked Bike Cafe</td>
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<td>Carolyn Crouch Body Shop</td>
<td>Rhonda Fibbens Hobby Horse</td>
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<td>Redbreast Plants</td>
<td>Geeveston Rubbish Removals</td>
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<td>Fullers Bookshop</td>
<td>Franks Cider</td>
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<td>Bennets Petroleum</td>
<td>Kermandie Hotel</td>
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<td>Strawberry Blonde</td>
<td>PCYC</td>
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<td>Focal Printing</td>
<td>Eyelines Huonville</td>
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<td>ZooDoo</td>
<td>Tahune Airwalk</td>
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<td>Hasting Caves</td>
<td>Stihl Shop Huonville</td>
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<td>Piero Brighella Advanced Mechanical Services and Trailers</td>
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Square Pegs Dyslexia Support and Advocacy Inc.

WORKSHOP FOR TEACHERS AND PARENTS

MAKE THE DIFFERENCE: POSITIVE OUTCOMES FOR CHILDREN WITH DYSLEXIA

SCHOOL: Sacred Heart Primary School, Geeveston

A practical, interactive 2 hour workshop for teachers and parents...

- understanding dyslexia;
- creating dyslexia friendly learning environments
- empowering children with dyslexia and related learning differences

Facilitated by: Simon Thiessen from The Real Learning Experience

DATE: Wednesday, 26th November  TIME: 3.30-5.30pm
FREE WORKSHOP...TO BOOK YOUR PLACE CONTACT THE SCHOOL OFFICE.

Square Pegs Dyslexia Support and Advocacy Inc

dyslexiatas.org
facebook/squarepegstas | admin@dyslexiatas.org
Kids Night Out - Ninja Turtle Pizza Night
21st November 6:30pm to 10:00pm

Prizes for best dressed
Instead of our usual BBQ we will be supplying
Pizzas to satisfy our Ninja turtles
(everyone knows Ninja Turtles love pizza)

We were overwhelmed by the number of children who attended our Halloween KNO without a booking. Bookings are essential for catering and other planning purposes. Any child without a booking may risk being refused entry.
Bookings close at 7:30pm 20th November. Ph: 6264 3100

baby & kids market
SUNDAY 16th NOVEMBER 2014

NEW LOCATION!!
AURORA SPORTS STADIUM
CREEK ROAD, NEW TOWN

9.00am to 12.00pm

$3 Entry
(kids free)

Quality, pre-loved baby & kids goods.
Clothes, shoes, toys, prams, highchairs,
Car seats & much more, at bargain prices!

www.babykidsmarket.com