Only a drop in the ocean...

The image of the commuters leaning on the Perth train has become iconic and rightly so. A person trapped in a dangerous position saved by the simple, small actions of his many fellow passengers. The video clip is worth watching. The people milling around, offering differing suggestions, then when one is made to tilt the train, they all quietly lean in...then go on their way. Yes, a good story to tell at lunch but no one person could claim to be the hero but each, by his or her help, made a dramatic difference to that man's life.

That is the nature of our lives. We are rarely offered the chance to make a big, dramatic gesture of help or sacrifice but each day we are offered a myriad of smaller opportunities that can build up to a significant difference in our world. As Mother Teresa put it, ‘We may feel that we are only a drop in the ocean but the ocean is only made up of drops.’ In shaping our lives, God gives us only one moment at a time. Yet moment-by-moment, we have the opportunity to make small gestures that shape our lives, and the lives of others, for the better.

Imagine what our families, our schools, our communities would be like if we realistically understood the impact that our small gestures, our little moments of generosity could make. Over our lifetime, such gestures turn us into generous, big-hearted people. We all want to be known for that. So lean in when the opportunity arises and then go on your way.

*Loving God, you give me many opportunities each day to make a difference to my family and my community, little differences that will transform the ocean of my life. Help me to take up those opportunities when they come. I ask this in Jesus’ name, confident that you will hear me.*

Sr Kym

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**Dates For Your Diary**

18th - 22nd Aug  Book Week  
20th Aug  School Photo Day  
21st Aug  Book Week Parade  
22nd Aug  Friday Afternoon Activities commence  
27th Aug  School Cross Country  
27th Aug  Fair Meeting 6.30pm  

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“May God bless and keep you and give your courage.”

St Mary MacKillop - 17.8.1875
Dear Parents/Carers

GRADE 6 TRIP TO MELBOURNE

Last week I had the pleasure of spending four days with our Grade 6 class in Melbourne participating in a range of educational, religious and enjoyable activities. It was an action packed trip where we tried to fit in as much as possible each day. We went to the Aquarium, Museum, ScienceWorks, the zoo, the MCG tour and Friday night footy to name but a few of the experiences. A real highlight was our visit to the Mary MacKillop Centre where we learnt a great deal about Australia's first saint and her connection to our school. The children really enjoyed this experience and returned home tired, but excited! I am very grateful to our generous staff who attended. Thank you Mr Kinder, Miss Longey, Mrs Hall and Father Greg; your generous donation of time and energy was much appreciated by all. Thank you to all our families who supported this wonderful experience.

CONGRATULATIONS FATHER GREG BARKER

Last week, our Parish Priest, Father Greg, celebrated 21 years as a priest. What an important milestone this is. Father Greg is a very visible member of our school community and he regularly spends time at our school celebrating Mass, running sacramental classes, visiting classrooms and supporting our teaching staff. On behalf of our school community, I would like to congratulate Fr Greg and thank him for his many years of service to God as a parish priest and the wonderful work that he does in our Huon Valley community.

FRIDAY AFTERNOON ACTIVITIES

This 6 week program commences this coming Friday with around 20 different activities happening at our school and in the area. We are just finalising our first 2 week round of activities. We are hoping to give each child at least one of the choices they have requested. Thanks to the many parents who have offered to help. We will be sending out a schedule to show which activity you are assisting with tomorrow.

Are any Dads available! We would love to have a dad or two to help Mr Grey with the fishing group on Friday afternoons. If you can help, please let Mr Brighella know as soon as possible.

BOOK WEEK – BOOK PARADE – BOOK FAIR

This week is National Book Week around Australia and we are celebrating it in many ways. Just a reminder that our Book Week Parade is this Thursday commencing at 10.15pm in our school hall. Children can dress up for the day as their favourite book character! Parents are welcome to come along as well. We also have our Book Fair happening in the JLC. Books will be on sale before and after school each day.

SCHOOL PHOTOS

A reminder that School photos are being taken tomorrow, Wednesday, 20th August. It would be great to have all students present as this is the only opportunity for these photos to be taken.

• Please ensure that your child is wearing their full formal uniform and that they are looking their best.
• School shoes need to be clean and hair tidy.
• If you wish to purchase the school photos, please, the order form must be at our school office by 9am tomorrow.
SCHOOL CROSS COUNTRY – WEDNESDAY, 27TH AUGUST
Our school cross-country is only a week away and this should be another great event! The Cross Country is held in our school grounds around our magnificent bushland.

- All children from Kinder – Grade 6 are expected to participate in a course to suit their age group.
- If they are unable to run, they can walk!
- All children will be remaining at school for the whole day. Children are not permitted to leave early with parents.
- Everyone is welcome to come along and support our students.

A special flyer with more information has been sent home today and will also be available on the school website.

P&F FAIR MEETING NEXT WEEK – WEDNESDAY, 27TH AUGUST
A reminder to all parents that our first official Fair meeting will take place next Wednesday, 27th August commencing at 6.30pm. This will take the place of this month’s normal P&F meeting.

Stall Coordinators & helpers: It is really important for you to attend this meeting as the Fair stalls are the main item on the agenda.

Everyone is welcome: We needs lots of support. If you can spare a hour or so, come along. We really value parent involvement at Sacred Heart Catholic School.

Have a great week!

Luch Brighella
Principal

SACRED HEART CATHOLIC SCHOOL TWILIGHT FAIR

NEW DATE – FRIDAY, 28TH NOVEMBER

Everyone loves a School Fair and this year we are hoping to have the best Sacred Heart Catholic School Fair ever! There will be heaps of great stalls, entertainments for the family and yes, lots of great food!

We are hoping to raise $12,000 that will go directly to the new playground development at our school.

HOW CAN YOU HELP?
Check out the Fair Flyer that we sent home earlier this week.
Can you coordinate a stall?
Are you able to help on a stall?
Perhaps you might be interested in Sponsoring a stall?
You may know of businesses that we can approach for donations.

EVERYONE CAN HELP MAKE OUR FAIR A GREAT SUCCESS!

Please read the fair flyer and if you can help in any way, please return the REPLY FORM provided.
Library News

Book Fair is being held this week in the library. It is open every morning before school and after school. Feel free to come and browse. There are some lovely books which would make great presents.

Regards Cathie Stockford

FAIR Plant Stall

Once again there will be a plant stall at our fair.
We would appreciate the help of donations please. Ideas maybe...
plants (indoor and out. Big or small.)
Pots, plants, potting mix, seed raising mix, horse/sheep/chook poo, seeds, seedlings, tools, volunteers for potting up.
I am happy to collect items/plants suitable for plant stall.

Jo Brittain
0438353982

Tasty Tuesday Platter

Every fortnight a class will be able to enjoy a Tasty Platter. The Move Well Eat Well team of students think this is a fantastic idea because people can try food they’ve never had. Blake and Lewis made up a new word called Swawa, they put together the words sweet and sour after tasting rockmelon with salsa.

Lewis tried carrot with salsa for the first time and he thought it was delicious.

Blake, for the first time tried the salsa with purple cabbage and he thought it was disgusting.

Lucy thought that the Tasty Tuesday Platter was awesome because it was delicious. She saw kids trying new fruits and veg and dips.

Abby thought the platter was really nice because there was lots and lots of food to try.

Ellsley thought the fruit platter was good because she tried cucumber for the first time EVER and she thought it tasted awesome.
Pumpkin muffins

These pumpkin muffins are healthy, but don't tell the kids. They are chock full of mashed pumpkin and raisins and make a great lunch box treat.

Category:
After school snacks, Brunch, Cakes & Baking, Muffins

Prep Time:
15 mins

Cook Time:
20 minutes

Ingredients:
• 1 ¾ cups plain flour
• ½ cup brown sugar
• 1 cup raisins
• 2 tsp cinnamon
• ¼ tsp nutmeg
• 4 tsp baking powder
• ½ tsp salt
• 1 cup pumpkin, cooked and mashed
• 2 eggs lightly beaten
• ½ cup milk
• 125g butter, melted

Method:
Preheat oven to 180°C. Line two muffin tins with patty pans. This recipe makes 18 muffins.

In a bowl, combine the flour, baking powder, brown sugar, cinnamon, nutmeg, raisins and salt.

In a separate bowl, combine the eggs, pumpkin, milk and butter.

Pour the wet mix into the dry mix and using a spatula, gently fold together the mix until all ingredients are just moist.

Using a ⅛ cup measure, fill each patty pan and bake for approximately 15-20 minutes.
**The Wild Side Walk**

**Sustainability Learning Centre**
50 Olinda Grove Mt Nelson

**What will we do?**
When darkness falls a new world awakes to explore in our bushland!
Come on a night walk along with some of Tassie’s best scientists – to see and hear the wild things. Discover what you’re hearing amongst Tassie’s amazing biodiversity and perhaps answer the mystery. Are there bats at Mt Nelson?
We’ll return to the Centre and enjoy a starlit hot chocolate and story.

**Walk leaders and guest biodiversity scientists:**
- **Dr Sally Bryant** passionate scientist and advocate for Tasmania’s fauna and flora.
- **Dr Lisa Cawthrun** Tassie’s own bat specialist – loving all things found in the bush.
- **Dr Phil Bell** Owlingist. Where there are bats there are owls and much more.

**When?**
**Date**  Friday 22nd August  
**Time**  5.30 pm – 7.30 pm

**Where to meet?**
Sustainability Learning Centre, 50 Olinda Grove, Mt Nelson (next to Hobart College)

**Who?**
For the Whole Family.
An opportunity to do something unique together. Enjoy a fun, free, family evening!

**What to bring?**
Dress warmly, bring a torch, sensible shoes are a must!

**RSVP by 20th August**
sustainability.learning_centre@education.tas.gov.au