Stories we need to know.

I was at a recent family gathering when I heard a story about my paternal grandmother that is still affecting me deeply. Unlike my other grandmother, Nanny Harris was not an ‘interesting’ character. She was deeply loved but had no need to stand out or to entertain. The story I heard was that she sometimes had to pawn her wedding ring to feed the family till the next pay cheque. She would never have told such a story. For her it was a source of deep shame, but her children see it as just another instance of her deep and passionate love. This story not only revealed the depth of her love, it also explained a few other family ‘quirks’ that had baffled me.

Most of the Bible consists of stories – especially of relationships. Stories are rarely straightforward – they allow for multiple meanings and differing interpretations. They also can move us into the deep places of the heart and can sometimes explain us to ourselves.

We recently celebrated Grandparents Day. With such a celebration, we recognise the where we have come from as people and the complexity of relationships into which we are born. With such a celebration, we can encourage our elders to tell their stories in our families. We might be surprised ourselves by what we hear. I know that forty years after her death, I’m still learning about my grandmother, and some of the things that make our family tick. I do know that the next time I’m in Sydney I’m having a long talk with my aunts and so enter into that stream of life and love that is family.

Loving Father, you have given us life within a family. May we pass on the stories of our families to our children that they may grow that complex web of relationship which can nurture life and love. We ask this in Jesus’ name confident that you will hear us.

Sr Kym

“We can never be sure that all that looks good is really so”
St Mary MacKillop 1875

Sacred Heart Catholic school acknowledges the traditional owners of country throughout Tasmania and their continuing connection to land, sea and community.
We pay our respect to them and their cultures, and to the elders past and present.

4690 Huon Highway, Geelong West, Tas, 7116, Ph 029713131
email: shg@catholic.tas.edu.au Twitter Handle: @SHCSGeeveston
Dear Parents/Carers

FEAST DAY OF ST MARY MACKILLOP
On Friday, 8th August, we will be celebrating the Feast Day of St Mary MacKillop at St James Catholic College in Cygnet. All students from Prep to Grade 6 will be attending. The children will come to school as normal on this day and bring sufficient food and drinks for recess and lunch as we will be at St James for the whole day.
Mass will be celebrated at 10.30am in the St James Church. Following this, the children will buddy up with classes from St James, have lunch and enjoy some fun activities together.
Parents are welcome to attend Mass, but will need to make their own way to/from St James. Our students will travel on our own school buses.

OFFICIAL OPENING AND BLESSING OF NEW CHURCH IN RANELAGH
On Sunday, 10th August you are invited to attend the Opening and Blessing of St Mary of the Cross Catholic Community Church at Ranelagh. Archbishop Julian Porteous will be the celebrant at this Mass. We encourage families to attend and see this wonderful, new church that has only recently been built. Mass commences at 9.30am and morning tea will follow.

NAIDOC WEEK LITURGY

Last Friday, our school community celebrated NAIDOC Week (which fell in the school holidays) with a special prayer service in our school hall. All classes at school joined in with the prayers and songs that had been specially chosen for this liturgy. Each class also painted a rock with an Aboriginal design and these were included in the prayer service as a central focus. Special thanks to all the children who participated so well and in particular to those who had a special role to play. We are also very grateful to Mr Grey who organized the prayer service. He was also well supported by our teachers.

ART LESSONS AT SACRED HEART

This term we are providing Art lessons at Sacred Heart each Friday. Ms Jan Stary is the Art teacher and she commenced lessons last Friday. Each class will have an Art lesson once a fortnight. Looking forward to seeing some great art pieces from our students!

GRANDPARENTS’ & SPECIAL PERSONS’ DAY

On Wednesday, 6th August we are having a Grandparents’ and Special Person’s Day at Sacred Heart. Our Grandparents are very special people in our students’ lives and we want to take the opportunity to invite them to visit our school and spend some time with their grandchildren. In recognizing that not all children may have grandparents who are able to attend, students can also invite a special person in their lives. A flyer and invitation providing more detail was sent home to all families last week.

Please ensure that your reply forms are returned to school this week!
PARENT TEACHER MEETINGS TOMORROW
Our parent/teacher meetings will be taking place at school tomorrow, Wednesday, 30th July from 3.10pm. This round of meetings is optional and were requested by either teachers or parents. A special notice about these meetings was sent home to all families early last week.

Thank you to all parents who responded promptly.

GRADE 6 CHOCOLATE DRIVE
Our Grade 6 class is running a Cadbury Chocolate Drive to raise money for their trip to Melbourne. Many thanks to the many parents who have taken a box or two to sell. If you are interested in selling a box at home or in your workplace, please contact our school office and we will send a box home to you.

NEXT PARENTS & FRIENDS MEETING IS TONIGHT
All parents are advised that our next P&F Meeting will be taking place tonight Tuesday, 29th July commencing at 5.30pm in the JLC. This meeting will also include the school fair on our agenda. If you can spare an hour or so, come along! Light refreshments will be provided.

SCHOOL UNIFORM REMINDERS
Cold weather - This term we would like all children to wear either their school jumper or school spray jacket to and from school.
Jackets, raincoats, scarves and gloves, blue or black in colour can also be worn to/from school, but not in classrooms during the school day. The jumper/spray jacket must still be worn underneath.
The school beanie can also be worn.

SKOOLBAG – HAVE YOU DOWNLOADED APP YET?
Late last term Sacred Heart set up the SKOOLBAG; a great communication App between home and school that can be used on your iphone/android mobile phones. This App is free for you to download and allows you to receive our school newsletter, excursion reminders and calendar events straight to your phone. Download instructions can be found in today’s newsletter.

Have a great week!

Luch Brighella
Principal

REMINDERS

YOGA
Starts tomorrow 30th July 3.15pm - 4.30pm
Please see the office for any enquiries or enrolment forms

BookClub
Closes on the 5th August - No late orders please
Skoolbag is a mobile App for your school to communicate directly to both parents and students. It works through both smartphones and smart devices (such as iPads and Android Tablets). Ideal for:

- School, free push notification alerts
- School events
- School newsletters
- School documents
- School RSS feeds
- School social media (Facebook, Twitter)

How To Install Skoolbag On Your Smartphone

**iPhone & iPad Users**

1. Click the "App Store" icon on your Apple device.
2. Type your school name in the search, using suburb name will help.
3. If iPhone, you will see your school appear, click "Free" then "install"
4. If iPad, change the drop list to "iPhone Apps", your school will then be visible, click "Free" then "install".
5. When installed click "Open"
6. Select "OK" to receive push notifications, when asked.
7. Click the "More" button on the bottom right of the App, then "Setup".
8. Toggle on the Push Categories that are applicable for you.

**Android Users**

You must first have signed up with a Google Account before installing the app.

1. Click the "Play Store" button on your Android Device
2. Click the magnifying glass icon at the top and type in your school name, using suburb name will help.
3. Click the school name when it appears in the search.
4. Click the "Install" button.
5. Click "Accept" for various permissions (please note, we do not modify any of your personal data on your device).
6. Click "Open" when installed.
7. Click the "More" button on the bottom right of the App, then "Setup".
8. Toggle on the Push Categories that are applicable for you.

Don’t forget to like us on Facebook! Like
Find out more at www.skoolbag.com.au
The Most Reverend Archbishop Julian Porteous, Archbishop of Hobart, will officially open and bless Saint Mary of the Cross Catholic Community Church.

When: Sunday 10th August at 9.30am

Where: Saint Mary of the Cross Catholic Community Church, 35 Agnes St. Ranelagh.

Followed by Light Refreshments

For more Information:
Email: huonvalleyparish@netspace.net.au
Ph: 03 62951239

The Catholic Parish in the Huon Valley had very humble beginnings with the appointment of the first Parish Priest, Fr John Murphy, to the Huon district in 1855. Fr. Murphy was appointed by Bishop Wilson and although he resided in Franklin he travelled across the district celebrating Masses in a number of communities. Since then we have grown into a vibrant and compassionate community.

In 2002, the Catholic Parish of the Huon Valley was formed by the amalgamation of the Cygnet and Franklin Parishes. We have worked hard to be a place of welcome, hospitality and celebration, in the spirit of the Gospels and the life of Christ. Our history and our journey have now led us to this moment.

Our new church is named after Mary MacKillop who ‘never saw a need without doing something about it’.

Mary MacKillop, known as Mary of the Cross, was declared Australia’s first saint in October 2010. She was the founder of the Sisters of St Joseph, the order which started the Catholic school tradition in the Huon Valley.
What’s Been Happening at Sacred Heart

NAIDOC Week Prayer Service
MOVE WELL EAT WELL RECIPE OF THE WEEK

Over the next 9 weeks, the Year 1/2 Team Master Chefs will be trialling and testing healthy and nutritious recipes for school snacks and lunchboxes.

This weeks recipe -

Cheesy Cauliflower Slice!

Introducing front clockwise: Bailey, April, Jack, Samuel, Sebastian and Matthew.

Review:
"We tasted our slice and we thought it was tasty, epic, and delicious! Only one person said that they didn’t like it"

Cheesy Cauliflower Slice.

Ingredients:
- 1 medium sized cauliflower, cut into florets and rinsed.
- 1 cup mozzarella cheese, grated
- ½ cup parmesan cheese, grated
- 2 free range eggs
- 1 tsp herb or spice of choice such as paprika, nutmeg or an Italian herb mix.

Method:
Preheat oven to 220°C (200°C fan-forced).
Line a baking tray with baking paper.
Pulse florets in food processor or blender into a coarse meal. If using blender, best to do this in batches, transferring the meal to a sieve between additions.
Place sieve atop a saucepan with a little water, bring to the boil and steam for 5 minutes.
Press cauliflower with large spoon to push out liquid the drop onto a clean t-towel. Squeeze out excess liquid.
Add to a bowl with half of both the cheeses, eggs and spices, combine well.
Spread onto baking tray and shape into an even thickness rectangle. Sprinkle remaining half of both cheeses on top.
Bake for 30 minutes or until cheese has melted and slice is cooked through. While still hot, use a pizza cutter or sharp knife to slice into squares, then transfer to cooling rack.
Enjoy!
How to pack a rubbish-free lunch

Focus on fresh ‘everyday’ foods
■ many types of fruit and vegetables don’t need packaging, the scraps can then be added to the compost

Don’t buy single serve packaged items
■ reduce waste and save money

Use reusable containers
■ (don’t forget to name them!!)

Get your kids involved
■ this can save you time and children enjoy taking responsibility

For more rubbish-free lunchbox ideas visit:
www.moveweileatwell.tas.gov.au/families