Come, live life in all its fullness.

How? A good place to begin is: do what you can, with what you have, where you are. This is a long way from what we thought was a full and exciting life when we were young. Who among us didn’t have great dreams and desires...and where are they now? But before you let yourself let yourself down, just think about what you still really want in life. Underneath it all, don’t you still want to live and love to the full? Of course you do: you are made in the image of a passionate, creative God.

There are many ways we can dull the disappointment that life hasn’t turned out the way we wanted when we were younger – the array of addictions in our society is testament to that. But there are so many opportunities to fulfil what we truly desire – indeed they come in each and every moment. The key to doing what you can, with what you have, where you are, lies in recognizing what we are, made in God’s image, and what we have, God on your side. Our fulfilment lies in being like God, loving and creative, and usually this is expressed in making a positive difference in somebody’s life. If you want to feel more fully alive in the coming week, look for new creative ways of showing loving service to people in your life. No more, ‘Same old, same old’. Each day, aim for something new and fresh, no matter how small it may seem. If you feel stymied and out of ideas, pray for them. At the end of the week, notice the change. Don’t be surprised if you find yourself being nudged by God into making the lives of those around you richer and fuller.

*Loving God, you have made me for the fullness of life. In the coming week, show me how a life of loving service can release creativity and joy in my life and in the lives of those around me. I ask this in Jesus’ name, confident that you will hear me.*

**Cling to the will of God**

*St Mary MacKillop 19.7.1870*

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**Dates For Your Diary**

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
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<tbody>
<tr>
<td>23rd July</td>
<td>Gr 1 &amp; 2 Wonder &amp; Awe Excursion</td>
</tr>
<tr>
<td>29th July</td>
<td>P &amp; F Meeting 5.30pm</td>
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<tr>
<td>30th July</td>
<td>Parent Teacher Meetings</td>
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<tr>
<td>6th August</td>
<td>Grandparents &amp; Special Persons Day</td>
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<tr>
<td>13th - 16th August</td>
<td>Grade 6 Melbourne Trip</td>
</tr>
<tr>
<td>20th August</td>
<td>School Photo Day</td>
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<tr>
<td>27th August</td>
<td>School Cross Country</td>
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</tbody>
</table>

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Sacred Heart Catholic school acknowledges the traditional owners of country throughout Tasmania and their continuing connection to land, sea and community. We pay our respect to them and their cultures, and to the elders past and present.

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4690 Huon Highway, Geeveston, Tas, 7116, Ph 62971313
email: shg@catholic.tas.edu.au  Twitter Handle: @SHCSGeeveston
Dear Parents/Carers

WELCOME TO TERM 3
As we commence a new term, I welcome back all in our school community; especially our students. I hope that everyone enjoyed the school holiday break and you are looking forward to the exciting term ahead.

A special welcome to new students Angelina Bobbett (Grade 2) and Kyesha-Ann Carter (Grade 1) and their families. Best wishes for a wonderful future at our school.

NAIDOC PRAYER SERVICE

NAIDOC Week is held in the first full week of July, which fell in the school holidays this year. It is a time to celebrate Aboriginal and Torres Strait Islander cultures and an opportunity to recognise the contributions that Indigenous Australians make to our country and our society. To recognize this important event we will be having a special NAIDOC prayer assembly this Friday in the school hall at 12.30pm. Parents and family members are most welcome.

GRANDPARENTS’ & SPECIAL PERSONS’ DAY
On Wednesday, 6th August we are having a Grandparents’ and Special Person’s Day at Sacred Heart. Our Grandparents are very special people in our students’ lives and we want to take the opportunity to invite them to visit our school and spend some time with their grandchildren. In recognizing that not all children may have grandparents who are able to attend, students can also invite a special person in their lives. A flyer and invitation providing more detail will be sent home this week.

AN EXCITING TERM AHEAD
Term 3 is shaping up to be a really exciting term at Sacred Heart.

Tomorrow, Grade 1/2 will be going on their Wonder & Awe excursion around the Huon Valley.

Grade 6 will be going to Melbourne from 13th - 16th August! They will visit the Mary MacKillop Centre, Scienceworks, the Melbourne Aquarium, Museum and go and watch Carlton smash Geelong on the Friday night!

We are having Friday Afternoon Activity days for the last six weeks of this term where the children can take part in a range of activities that could possibly include: art, craft, cooking, bike riding, sport, fishing, gardening and bushwalking to name but a few.

We are having class Art lessons this term. Mrs Jan Stary will be taking Art lessons each Friday and students from Prep – Grade 6 will have the opportunity to have a specialist Art lesson once a fortnight.

We hope to start work on developing our School Playground & Environment Masterplan looking at new and different experiences we can provide for the children at our school in our beautiful school environment.

During August, we are really promoting reading at Sacred Heart. There will be lots of exciting things happening to really encourage our children to read!

Our School Cross Country will be held on Wednesday, 27th August.

These are just a few of the many educational enjoyable and exciting experiences happening at Sacred Heart this term!

PARENT TEACHER MEETINGS NEXT WEEK
Our parent/teacher meetings will be taking place at school next Wednesday, 30th July from 3.10pm. This round of meetings is optional and can be requested by either teachers or parents. A special notice about these meetings was sent home to all families yesterday. Please ensure that the reply section (whether you are attending or not) is returned to school by this Thursday.
ATTENDANCE AT SCHOOL IS COMPULSORY
Schools are a wonderful learning environment, where many important life experiences take place. These are not only educational, but also social, emotional, religious, sporting and environmental. I take this opportunity to remind all parents that attending school is not an option but a compulsory requirement supported by government legislation. A few important points:

1. All students are required to attend school unless valid grounds exist.
2. While illness is reasonable grounds for an absence, going shopping, missing school because of a birthday is not acceptable.
3. Parents/guardians have a responsibility to ensure their children attend school and only absent if their child is ill or if absolutely necessary.
4. Parents have a further responsibility to contact the school office before 9.15am to advise of school absence.

I look forward to your support with these attendance guidelines.

SACRED HEART WINS EAT & PLAY THE HAWTHORN WAY COMPETITION
At the very end of last term we were advised that our school had won the Eat & Play the Hawthorn Way competition that a number of our students took part in. The program promoted healthy eating and lifestyle and it was wonderful to see so many keen students wanting to take part. Thirty students and an accompanying parent will be going to the next Hawthorn game as winners of this competition. Congratulations to Mrs Kate Greaves who coordinated this initiative and special thanks to all who supported this program.

DANCEFEVER SKIPPING
Sacred Heart recently took part in a DanceFever skipping day. Instructors from DanceFever, including current world champion skipper, Jake Eve, ran workshops and a fantastic skipping demonstration for all classes. Students from Prep through to Grade 6 were able to practise their skipping as well as develop some new skipping techniques. We were very grateful to receive a donation of skipping ropes from Medibank to support our skipping program.

GRADE 6 CHOCOLATE DRIVE
Our Grade 6 class is running a Cadbury Chocolate Drive to raise money for their trip to Melbourne. Many thanks to the many parents who have taken a box or two to sell. If you are interested in selling a box at home or in your workplace, please contact our school office and we will send a box home to you.

NEXT PARENTS & FRIENDS MEETING
All parents are advised that our next P&F Meeting will be taking place next Tuesday, 29th July commencing at 5.30pm in the JLC. This meeting will also include the school fair on our agenda. If you can spare an hour or so, come along!

SCHOOL UNIFORM REMINDERS
Cold weather - This term we would like all children to wear either their school jumper or school spray jacket to and from school.
Jackets, raincoats, scarves and gloves, blue or black in colour can also be worn to/from school, but not in classrooms during the school day.
The school beanie can also be worn.
**SKOOLBAG – HAVE YOU DOWNLOADED THE APP YET?**
Late last term Sacred Heart set up the SKOOLBAG; a great communication App between home and school that can be used on your iphone/android mobile phones. This App is free for you to download and allows you to receive our school newsletter, excursion reminders and calendar events straight to your phone. Download instructions can be found in today’s newsletter.

**MUSIC TUTORS**
Can you play a Musical instrument?
Are you interested in doing some volunteer work teaching children how to play a musical instrument?
Do you know someone, perhaps a relative, friend, grandparent who may interested in teaching a musical instrument at Sacred Heart?
If you do, please contact Luch Brighella via the school office.

Best wishes for a great Term 3!

Luch Brighella
Principal

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**Term Dates for 2015**

**TERM 1** Thurs 05.02.15 to Thurs 02.04.15

Holidays from 03.04.15 to 19.04.15 (includes Easter Break)

**TERM 2** Mon 20.04.15 to Fri 03.07.15

Holidays from 04.07.15 to 19.07.15

**TERM 3** Mon 20.07.15 to Fri 25.09.15

Holidays from 26.09.15 to 11.10.15

**TERM 4** Mon 12.10.15 to Wed 16.12.15

Watch this space! Year 1/2 Team Master Chefs will be testing recipes for delicious, healthy and nutritious snacks and lunchbox ideas.
Over the coming weeks, a new group of Master Chefs will be introduced with their latest recipe created just for you!

**REMINDERS**
Play group starts again this Friday 25th July at 9.30am - 11am in the Kinder room
Book Club closes on the 5th August - No late orders please
How To Install Skoolbag On Your Smartphone

**iPhone & iPad Users**

1. Click the "App Store" icon on your Apple device.
2. Type your school name in the search, using suburb name will help.
3. If iPhone, you will see your school appear, click "Free" then "install".
4. If iPad, change the drop list to "iPhone Apps", your school will then be visible, click "Free" then "install".
5. When installed click "Open"
6. Select "OK" to receive push notifications, when asked.
7. Click the "More" button on the bottom right of the App, then "Setup".
8. Toggle on the Push Categories that are applicable for you.

**Android Users**

You must first have signed up with a Google Account before installing the app.

1. Click the "Play Store" button on your Android Device
2. Click the magnifying glass icon at the top and type in your school name, using suburb name will help.
3. Click the school name when it appears in the search.
4. Click the "Install" button.
5. Click "Accept" for various permissions (please note, we do not modify any of your personal data on your device).
6. Click "Open" when installed.
7. Click the "More" button on the bottom right of the App, then "Setup".
8. Toggle on the Push Categories that are applicable for you.

Don’t forget to like us on Facebook! Like
Find out more at www.skoolbag.com.au
DanceFever Skipping

DanceFever have now added Skipping to their line up. We were very lucky to have them in our school during the last week of Term 2 to run skipping workshops for our children. We are one of the first schools in Tasmania to take part in this program. DanceFever have employed current World Champion Skipper, Jake Eve to assist with this program and he was part of the DanceFever Skipping Team that visited our school.

Once again our children, with the support and guidance of our Music teacher Mrs Faulkner have put on a fantastic show for our parents and staff. Great effort guys!

CELEBRATING FEAST OF THE SACRED HEART

Our school came together recently to celebrate the Feast of the Sacred Heart with a community Mass in St Joseph’s Church. Every class provided some great Sacred Heart artwork that was displayed around the walls.

St James College Band Visit

Part of our Feast Day celebrations included a concert featuring the St James College Band. The band had over forty children in it playing a wide range of instruments. Our children really enjoyed the concert and we are very grateful to St James for providing us with this great performance.

Thank you to our students that represented Sacred Heart at the 100th Anniversary of G eeveston Town Hall last Friday night. Sacred Heart have included photos and information about what our school is like in 2014, for inclusion in the time capsule that has been put together.
<table>
<thead>
<tr>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
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<tbody>
<tr>
<td>Growing Strong Together playgroup 9:30-11am</td>
<td>SETAC conah playgroup 10am-12pm</td>
<td>Early Days Baby group 10:30am-12pm</td>
<td>Make a storybook for your child 10:30am-12pm</td>
<td>Young Parents Activity Group 10:30am-12:30pm</td>
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<td>Family Food Patch Training 9:30-2:00pm July-August</td>
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<tr>
<td>Healthy Lifestyles course 9:30am-2:30pm</td>
<td>Early Childhood and Care course 9:30am-2:30pm</td>
<td>Family Food Patch Training 9:30-2:00pm July-August</td>
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<td>Cert 2 Children's Services 9:30-2pm Sept-Nov</td>
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<td>Royal Hobart Paediatric clinic (by referral of GP)</td>
<td>Family Planning Clinic fortnightly 9am-4pm</td>
<td>Child Health and Parenting Nurse 10-4pm</td>
<td>Aboriginal Cultural Activity Group 3.15 - 4.30</td>
<td>Child Health and Parenting Nurse 10am-4pm</td>
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<tr>
<td>Baptistcare Gateway Family support 10:30am-3:30pm</td>
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Leigh Gates
Community Inclusion Worker
(Monday to Friday)
Wayrparattee Child and Family Centre, Geelong

REV UP YOUR HEALTH!
An interactive Health And Wellbeing Expo for Huon Valley Grade Six Students
On the 9 September 2014 at the Huon Valley PCYC 10.00 am - 2.00 pm

WORKSHOPS ON THE DAY INCLUDE:
- Zorb balls
- Body Image
- Circus skills
- Basketball
- Healthy lunchbox
- Mental health
- Alcohol and other drugs
- Dental
- Entertainment

The Huon Valley Community Health Centre in collaboration with the Huon Valley Council Youth Services with funding from the Huon Valley Health Advisory Grants have brought together a wide variety of service providers and workshops to cater for grade six students in the Huon Valley.

The aim of this day is to provide grade six students the opportunity to explore and learn tips for healthy living in a safe and supportive environment.

Savoury Pinwheels

Ingredients
- 1 cup reduced-fat cheese
- 1 small onion
- 2 rashers lean bacon
- 1 cup chopped parsley
- 1/2 cups wholemeal 5% flour
- 1/2 cups white 5% flour
- 60 g margarine
- 1 cup low-fat milk
- 2 tablespoons extra milk
- Poppy or sesame seeds (optional)

Pour the margarine into the hot grill. Mix the cheese, bacon and parsley. Add salt and pepper to taste. Divide the cheese mixture between the bread rolls and top with diced ham and cheese. Season with poppy or sesame seeds. Place under a hot grill and bake until the cheese is golden.

Brush the top of the dough with extra milk and sprinkle with poppy or sesame seeds.