Core Strength.

Yoga, Zumba, Pilates and many other physical exercises help us recognise and build up our core strength. Without it, we are unbalanced and prone to accidents. With it, we can move confidently. Our sense of core strength is not just limited to our physical body. As persons, we have an inner core, a sense of self, upon which our personal dignity and sense of well-being is based. If we ignore this and follow our superficial impulses, our lives become distracted. If we are swayed by other people’s expectation, we become alienated from our true self. So how do we recognise and own this spiritual core strength.

We can begin by naming our personal strengths, the gifts and talents with which God has created us. We may be good at communication or gardening or art or sport. As we ponder on these gifts, we sense who we are underneath all the activities that we do.

We can continue by recognising the failures in our life, especially those that have lead us to face our weakness and fragility. This is important for us to understand how the grace of God comes and works within us.

Finally, we can recall and ponder on those God moments we have known – those times when we have seen below the surface and recognised how God is present in our life.

These ‘exercises’ work together to strengthen our unique sense of self. As we know ourselves loved and created by God, we then discover the power to go out from ourselves, lovingly and creatively caring for our families and communities.

Loving God, you have created me, unique and precious in your sight. Send me your wise Spirit to show me how to foster my inner spiritual core that I might grow in your life and love. I ask this in Jesus’ name confident that you will hear me.

Sr Kym

"God is stronger than the world which opposes God’s teachings"
St Mary MacKillop – 28.6.1874

Sacred Heart Catholic school acknowledges the traditional owners of country throughout Tasmania and their continuing connection to land, sea and community.
We pay our respect to them and their cultures, and to the elders past and present.

4690 Huon Highway, Geeveston, Tas, 7116, Ph 62971313
email: shg@catholic.tas.edu.au Twitter Handle: @SHCSGeeveston
Dear Parents/Carers

FEAST OF THE SACRED HEART
This coming Friday, 27th June is the Feast of the Sacred Heart. This feast day is especially significant for us as it is also the name of our school. Traditionally this feast day occurs nineteen days after Pentecost Sunday.
This Friday we are celebrating the Feast of the Sacred Heart with Mass commencing at 9.15am in the school hall. Parents and family members are encouraged to come along and join us for this celebration.
Later in the morning, the St James College Concert band will be coming to Sacred Heart to perform for the whole school.

A bit of History on the Feast of the Sacred Heart

The first feast of the Sacred Heart was celebrated on August 31, 1670, in Rennes, France, through the efforts of Fr. Jean Eudes (1602-1680). From Rennes, the devotion spread, but it took the visions of St. Margaret Mary Alacoque (1647-1690) for the devotion to become universal.

In all of these visions, in which Jesus appeared to St. Margaret Mary, the Sacred Heart of Jesus played a central role. The "great apparition," which took place on June 16, 1675, during the octave of the Feast of Corpus Christi, is the source of the modern Feast of the Sacred Heart. In that vision, Christ asked St. Margaret Mary to request that the Feast of the Sacred Heart be celebrated on the Friday after the octave (or eighth day) of the Feast of Corpus Christi, in reparation for the ingratitude of men for the sacrifice that Christ had made for them. The Sacred Heart of Jesus represents not simply His physical heart but His love for all mankind.

The devotion became quite popular after St. Margaret Mary's death in 1690, but, because the Church initially had doubts about the validity of St. Margaret Mary's visions, it wasn't until 1765 that the feast was celebrated officially in France. Almost 100 years later, in 1856, Pope Pius IX, at the request of the French bishops, extended the feast to the universal Church. It is celebrated on the day requested by our Lord—the Friday after the octave of Corpus Christi, or 19 days after Pentecost Sunday.
FAREWELL AND THANK YOU MISS BRITTEN
Miss Jessica Britten has been completing her Masters of Teaching Professional Experience 3 in our Grade 1/2 classes over the past few weeks. It has been wonderful to have Jessica working as part of our 1/2 team and her enthusiasm for teaching has been clearly evident in the classroom environment. I would like to take this opportunity to thank Jessica for all she has brought to Sacred Heart and in particular, the children she has been teaching over recent weeks. On behalf of our school, I wish her all the very best for a successful career in teaching.

SPEEDING UP AND DOWN OUR DRIVEWAY
I remind everyone that if you are driving in and out of our school then care needs to be taken at all times.

ASSEMBLY THIS WEEK
Parents and family members are invited to our assembly tomorrow. The assembly commences at 12.30pm and concludes around 1pm. Classes will present a range of items and merit cards will be presented.

TASMANIAN CATHOLIC SCHOOLS PARENT COUNCIL SCHOOL REP
This council has recently been set up with the support of Archbishop Julian Porteous. The council is seeking membership from every Catholic School. If you are interested in being our school representative on this council, please let me know via the school office. The council will have four meetings a year that the school representative would need to attend.

WWW - WHAT WENT WELL AT SACRED HEART LAST WEEK

EAT AND PLAY THE HAWTHORN WAY
Congratulations to the 40+ students from Prep to Grade 6 who participated in this program. Over the week, our children learnt about healthy food options especially fruit and vegetables. We also focused on the importance of exercise. Thank you to everyone who assisted with the program; parents who supported the healthy lunch boxes and staff who supported the program at school. Special thanks to Mrs Kate Greaves who was the main school coordinator for the program, and to Mrs Hall and Mrs McQueen who also helped out.

PREP MUD PIT DAY
Last Friday our Prep children had a really fun day exploring and playing with mud. It was amazing to witness the learning, engagement and conversations that were taking place. We are so fortunate at Sacred Heart to have a beautiful school environment that allows for this sort of activity to take place. We are also lucky to have teachers who can provide different learning opportunities for our students.

Have a great week!

Luch Brighella
Principal
Dear Parents

This update includes information about the Australian Curriculum, achievement standards and assessment and reporting practices across Catholic schools in Tasmania. It is reflective of the ongoing work of the Tasmanian Catholic Education Office to ensure the delivery of high quality curriculum and assessment and reporting practices aligned with national requirements.

Dr Trish Hindmarsh
Director of Catholic Education

In 2012 Tasmanian Catholic schools commenced with the implementation of the Australian Curriculum. The Australian Curriculum provides agreement on the curriculum content that all Australian students should be taught. It also provides explicit advice on the achievement standards that Australian students should be meeting.

In 2013 Tasmanian Catholic schools commenced reporting to the Australian Curriculum achievement standards for English, Mathematics, Science and History. Tasmanian Catholic schools are currently implementing the Geography curriculum. Primary schools will report to the Australian Curriculum Geography achievement standards in 2015. Secondary Colleges will commence reporting to the Geography standards this year.

The Australian Curriculum achievement standards support classroom assessment practices and form the basis of a nationally consistent approach to assessment and reporting. Teachers use the achievement standards to make on-balance judgments about the quality of learning demonstrated by students.

Information about the nature of achievement standards is included in the column on the right. Assessing students against year level achievement standards has changed the way student achievement is reported. A single A-E rating is made against the subject standard as a whole, rather than against component parts of the subject (e.g. number, measurement and geometry, statistics and probability in mathematics). It should also be understood that a C indicates that a students is achieving at the appropriate level against the achievement standard.

More information on A-E ratings is included over the page.

Achievement Standards

- Describe the expected achievement for students who have been taught the associated Australian Curriculum content for a particular year of schooling
- Emphasise the depth of conceptual understanding, the sophistication of skills and the ability to apply essential knowledge expected of students
- Present an ordered sequence of learning across P-10 with the difference between one standard and the next clear and unambiguous

They are designed to:
- Support quality assessment practices
- Support reporting to students and parents
- Provide a basis for consistency of teacher judgment and reporting across states and territories

More information on A-E ratings is included over the page.
Student Progress Reports

Under current national agreements schools are required, twice yearly, to provide parents and caregivers with reports on student progress and achievement. This includes A–E ratings, or an equivalent five-point scale, clearly defined against achievement standards.

In 2013, after a lengthy consultation process, Tasmanian Catholic schools adopted a common report format. This ensures that reporting information is consistent and transportable within and between Catholic schools in Tasmania.

As required by the national agreement, student achievement in Years 3–10 is reported using the letter ratings A–E. Student achievement in Prep–2 is reported using the A–E descriptors (e.g. Outstanding Achievement, High Achievement etc).

It is the responsibility of states, territories and jurisdictions to determine the language to be used for describing A–E achievement ratings. The language adopted by the Tasmanian Catholic Education Office is consistent with the language being used in other states and territories. Information about A–E ratings and the descriptors to be used in Tasmanian Catholic schools is included in the box to the right.

States, territories and jurisdictions are responsible for making decisions about timeframes for implementation. During the implementation period Tasmanian Catholic schools will indicate the learning areas that have been assessed against Australian Curriculum achievement standards by including the words ‘Australian Curriculum’ before the learning area title. (e.g. Australian Curriculum English).

Kindergarten

Please note that the information contained in this handout does not apply to Kindergarten. Kindergarten educators are required to keep quality journals of student progress and development throughout the year. These journals are a rich source of information about student development and are used for a number of purposes including reporting to families. These journals take the place of other formal forms of report documents used previously.

A–E Ratings

The A–E rating describes the quality of achievement against the year level achievement standards. Students cannot be assessed against an achievement standard beyond their year level unless they have been taught the entire year level content to which an achievement standard applies.

A- Outstanding Achievement
B- High Achievement
C- Sound Achievement
D- Partial Achievement
E- Minimal Achievement

An A indicates a student has demonstrated outstanding achievement of the knowledge, skills and understandings expected at year level. This statement encompasses evidence of learning beyond the expected level.

An E indicates a student has demonstrated minimal achievement of the knowledge, skills and understandings expected at year level.

Narrative Reports

In consultation with principals, parents and school curriculum leaders, a narrative report may be provided when a student is unable to access the year level curriculum and an alternative or differentiated curriculum is being provided. Parents have the right to request that they not receive a narrative report.
MEETING OPENED: 1:55pm
Present: Angela, E, Karan, Luch, Trudy, Kama, Renee, Maree D, Karlee,
Apologies: Kate, Shelley, and Maree M, Nicole Watt, Quinten, Carolyn, Jo.
Prayer: Read by Angela El Tahche ‘Prayer before a meeting number 2’.

Previous Minutes:
- Cheque to Mandy for canteen implements
- Awaiting local contractor for playground quote
- Book bins for Southgate book exchange – will use the red and blue ones used for apples.
- Trudy to be added as signatory.

Correspondence In/Out:
- Father’s day brochures, Karan happy to continue this year to organize stall.

Treasurer’s Report: presented. Kate Absent.
- Need a decision on Term deposit due on the 16th, how much to reinvest, and do we pull some money out to invest now for playground.

Principal’s Report:
- Currently school running one mass a month, with a weekly prayer service going quite well.
- Last week group of students from the school had their first Eucharist, and received the Sacrament of Confirmation and a visit with the Archbishop.
- Continuing commitment this year towards an uninterrupted literacy block in the mornings
- Excursion G1/2 to the Botanical Gardens and G5/6 to the TSO.
- Making better use of the Port Huon Sports Centre, now able to book to use on any day.
- Looking at promoting recycling in the school and having the council pickup our recycling, Luch in negotiations with council.
- Looking at compost bins around the school and installing energy efficient light bulbs, emphasis on GOING GREEN.
- G3 camp at Orford well received. Youth and Convention Centre a great site.
- Focus on Literacy Reading and Spelling with $S spent on getting books into the classrooms,
- New books needing covering and entering into the system, big job, good parent help.
- Huon and Channel Cross Country G4 boys won the shield for their division.
- Athletics Carnival at Huonville Oval, date changed to November 5th.

General Business
- WWW (What went well) Smocks for outside play, PBS system with new certificate and wristband, G3 Camp, Outdoor play area.
  School fair – donations received from Woolworths, Classes yet to make decision re: events/activities, Bleatham’s to provide equipment and ingredients for sausage making, flyer received from Carolyn, can we have storage space in shipping container YES,
- Business suggestions for donations to Kama for June 20th, with stall requirements as well.
- Donation letters will have school letterheads.
- Renee Clydesdale now on board to help Kama and Carolyn with donations and follow-up.
- Breakfast Club Carolyn successful with donations from Dick Smith and Nestle
- Reading Literacy program and books mentioned above.
- Nutrition More education with students about what we eat, last year the focus was on water (students given water bottles), introduction of Huff and Puff this year.
- Staff Wish List (all funded and supported by P&F).
  - G6 ukulele’s and been bags $600
  - G1/2 Book Baskets and Cushions $200
  - Prep wish list $650
  - Reading books $2000
  - Skipping Program $250
- Sausage Sizzle To help Lukas Ford with his sports costs for representative sport.
- Schoolbag trialing new App for school, more information for parents for their mobile phones.

Meeting Closed at 3pm

Next meeting – Wednesday, 23rd July – 6pm
### Vacation Care Program July 2014

#### WEEK ONE

**Monday 7 July**
- ZORR Balls and Inflatable Soccer Pitch
- Have fun being sporty and kick a big inflatable plastic ball
- Test your balance and soccer skills on an inflatable soccer pitch

**Tuesday 8 July**
- Can You Find the Treasure?
- Follow the clues to find the treasure and win the prize!
- Make sail jars

**Wednesday 9 July**
- Woody’s Skates and Play
- Enjoy a morning of skating and a relaxed lunch at Woody’s Skates and Play
- In the afternoon play on the equipment or have a game of soccer, football or cricket at Parliament Street Park

**Thursday 10 July**
- Soccer World Cup at Huonville Oval
- Games of soccer, football and group games including all over red cover at Huonville Oval
- Indoor bowling
- Volleyball with balloons
- Win tournaments

**Friday 11 July**
- BBQ, park and photography day
- Bring along your own camera to take photos as we walk along the Cascades and Board Walk
- Enjoy a BBQ lunch and play at the park

#### WEEK TWO

**Monday 14 July**
- Social Circus Workshop at Huonville Town Hall
- Circus skills, performance activities and games with the Social Circus!
- Make juggling balls
- Clown outfits and props
- Outside course

**Tuesday 15 July**
- Messy Day
- Tie-dyeing
- Screen printing onto a T-shirt
- Make ANZAC biscuit
- Spray paint a mural
- Make macaroni

**Wednesday 16 July**
- Chill Out PJ Day
- Wear your pajamas
- Watch a movie and eat popcorn
- Make your own bead games
- Brand games and Win tournaments
- Arts and crafts activities

**Thursday 17 July**
- Construction and reuse shop
- Visit the Tip Shop
- Use recycled items to make ANYTHING possible
- Make a piece of art work or build a sculpture
- Lego large and small
- Build a new truck
- Middle

**Friday 18 July**
- Crazy Colour Day
- Face painting
- Decorative transfer
- Make ornaments
- Crazy hair colour
- Party games

---

### Savoury Pinwheels

**Utensils**
- Chopping board and knife
- Large mixing bowl
- Mixing spoon
- Measuring cups and spoons
- Sifter
- Rolling pin
- Pastry brush
- Baking tray

**Non-stick cooking spray**

**You can eat pinwheels with a salad or lunch, as an after-school snack, or with soup for dinner.**

**Makes 8 pinwheels**

**Ingredients**
- 2 cups rolled oats
- 1 cup rolled oats
- 1 tsp cinnamon
- 1 tsp vanilla essence
- 1/2 tsp baking powder
- 1/2 tsp baking soda
- 1/2 tsp salt
- 1/2 cup sugar
- 1/2 cup flour
- 1/2 cup brown sugar
- 1/2 cup milk
- 1 cup milk
- 1 tbsp butter
- 2 eggs

**Mix together and bake in a 350°F oven for 20 minutes.**

---

### Weaving Our Stories:

**Date:** Monday 30th June 2014

**Session 1:** 10am – 12pm

**Session 2:** 1pm – 2:30pm

**Lunch:** Provided by Local Community

**The sessions will be an opportunity to meet and work with Aboriginal Artists who will demonstrate their weaving skills and invite you and the children to 'have a go' at your own weaving. They will talk about why fibre work and weaving is such an important expression of their living culture and connection to Country.**

An Interactive weaving day with Tasmanian Aboriginal fibre Artists and Aboriginal Early Years Liaison Officers.
**BBQ FOR LUKAS FORD - NEXT TUESDAY**

Dear Parent / Guardian,

This year I have been selected to represent the Huon Valley and Tasmania in football. Next Tuesday, 1st July, my mum and I, and some helpers will be having a BBQ at school to raise money for my trip to the Inter-state footy championships.

**SAUSAGES - $1.50  HAMBURGERS - $2.00**

If you would like to order, please complete the reply slip below and return the form with money attached by this Friday, 27th June.

Thank you.

Lukas Ford  
Grade 6  
Sacred Heart Catholic School

---

**BBQ FOR LUKAS FORD - ORDER FORM**

<table>
<thead>
<tr>
<th>STUDENT</th>
<th>GRADE</th>
</tr>
</thead>
</table>

I would like to order:

- __________ Sausage/s ($1.50 each)
- __________ Hamburger/s ($2.00 each)

Total money attached $________

Signed ____________________________

---

**Certificate of Appreciation Awarded to Sacred Heart College**

The wayraparatee Child and Family Centre and the Geeveston community would like to thank you for your contribution to the Geeveston Billycart Derby held on Sunday 18th May 2014.

Leigh Oates Event Coordinator: ________________________________

Anna Jones Centre Leader: ________________________________