Lent = Less Eats No Treats, or does it?

One who was brought up in a traditional Catholic family could understand the above as a pretty good, quirky way of explaining what we did in Lent. Lent was a time for ‘giving up’, but the question could, should and probably would have been raised, to what point? The true meaning of the word ‘Lent’ points us in the right direction. In Old English, it means ‘Spring’. Yes, in the Northern Hemisphere Lent happens in Spring and in a place like Merry Old England where life could be tough, the coming of Spring meant many good things: new fresh life, growing light and warmth and, very importantly, the promise of food after the long winter.

We all desire new life, especially when we look in our mirrors and think ‘same old, same old’. For the next six weeks, the Church invites you to reconsider your life. We can stop the insanity of doing the same things over and over again, expecting different results. Yes, we can. A traditional way of celebrating Lent is to deny ourselves and give to the poor what we save. But there is more. This website (http://rachelheldevans.com/blog/40-ideas-lent-2013) gives some great, and quirky, ideas. One I’m taking up is to write 40 Love Letters to people who have had a big impact on my life, one each day, through this Lent. These can be to anyone: people who have died, who have hurt me, who have helped me, even God. I’m thinking of writing a couple to myself as a younger age. (Stop being so hard on yourself…will I yet listen?) Whatever we choose to do, it should have this aim: to help us enter into the full, rich life that Jesus wishes to give us.

Loving God, in this season of Lent, set me free. Set me free from all that stifles life, that stops me loving, that keeps me depressed, angry bitter. Give me the honesty and courage to allow Jesus to enter my life with the fullness of life. I ask this in his name, confident that you will hear me.

Sr Kym Harris osb

“God kept my heart full of trust to make all come right”

Mary MacKillop
1874

Dates for your Diary

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
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</thead>
<tbody>
<tr>
<td>Wed 5th Mar</td>
<td>Ash Wednesday Mass 12pm</td>
</tr>
<tr>
<td>Mon 10th Mar</td>
<td>Public Holiday - Eight Hour Day</td>
</tr>
<tr>
<td>Tues 11th Mar</td>
<td>School Swimming Carnival</td>
</tr>
<tr>
<td></td>
<td>Huonville Pool 9.30am - 2pm</td>
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</tbody>
</table>
Dear Parent/caregiver,

OUR CONDOLENCES TO MISS DEMARCO
Miss Anna Demarco’s father passed away on Sunday after a long period of illness. Our thoughts and prayers are with Anna at this sad time. Mrs Kari Thomas will be teaching our Kinder class for the next two weeks while Anna is on leave.

STAFF FAREWELL
Miss Ellice Direen, our Office Assistant, will be leaving Sacred Heart to take up a new position at the Bendigo Bank in Cygnet. Ellice has been a Trainee Office Assistant at Sacred Heart over the past four years and has been a very competent, hard working member of our school staff. Ellice is often the first person that people talk to when they come to our school and her welcoming manner and willingness to assist has been a real asset to our school. She has been an outstanding role model to our Indigenous students and a great support to all within our community. Ellice will finish at Sacred Heart, next Wednesday, 12th March. She is very excited about her new position and we wish her every success and happiness.

LENT AND ASH WEDNESDAY MASS
Tomorrow is Ash Wednesday and the beginning of Lent, an important church season leading up to Easter. We will be celebrating Ash Wednesday Mass tomorrow, at 12pm in the school hall. All members of the school and parish community are invited to attend.

NO MEAT ITEMS SOLD IN THE CANTEEN TOMORROW
As it is Ash Wednesday tomorrow, we will not be selling any meat items for the day. If your child is having a lunch order, can you choose an alternative item.

STUDENT LEADERS 2014
It is with great pleasure that I announce our Student Leaders for 2014. Our School leaders were presented to the school community at our Beginning of Year Mass last week.

School Captains  Tommy Twaits & Lily Greene
House Captains  Fraser Johns & Abby Gordon (Hartz)
               Reece Scotland & Sophie Buick (Picton)
SRC           Blair Gifford & Maireade Brennan (Grade 6)
             Lawson Grey (Kinder - Grade 2 Rep)
             Joshua Bradley & Ava Swanson (Grade 5)
             Timothy Mitchell & Hannah Reading (Grade 4)
             Nathaniel Bradley & Ava Hickey (Grade 3)
AUSSIE SPORTS LEADERS
             Cooper Coulson Will Ford Oliver Townsend Jack Burman
             Tiahn Abbott Lily Oates Milo Burgess Jordan Walker
             Sophie Burgess Maeghan Jernigan Lukas Ford Jordan Coleman
             Maireade Brennan Lawson Grey Blair Gifford

I’m sure that you will join me in congratulating them and wishing them well in their leadership roles this year.
NEW P&F ASSOCIATION FOR 2014
Recently, the school Parents and Friends Association conducted its Annual General meeting. I am pleased to announce our office bearers for 2014.

President Karlee Delaney
Vice-President Angela Cross
Treasurer Kate Greaves
Secretary Karan Spilling
Fair Coordinators Fiona Donato & Maree McQueen

SCHOOL BOARD MEMBERSHIP
Our School Board will be holding their Annual General Meeting (AGM) at the April meeting. We are now calling for nominations for membership of the Board.

Being a member of the Board involves many kinds of responsibilities and relationships. The information that is shared demands protocols that need to be understood and observed by all. The principle focus of the Board members is to work to improve the capacity of the school as a Catholic school in order to deliver quality educational outcomes for the students.

A full copy of the Board Membership letter and the nomination form has been included in this newsletter. Copies can also be obtained from our school office.

PARENT INFORMATION EVENING & WELCOME BBQ
Special thanks to the many parents who attended our Information evening and Welcome BBQ last week. Many parents who attended, commented on how useful and informative these sessions were. I am very grateful to the teachers who prepared and delivered these sessions. A great example of the committed and dedicated staff we have at Sacred Heart.

Special thanks to our wonderful P&F Association who prepared and served the BBQ meal for all who attended!

SCHOOL SWIMMING CARNIVAL
Parents are advised that our school swimming carnival, for all children from Kinder – Grade 6, will be taking place on: **Tuesday, 11th March at the Huonville Pool 9.30am – 2pm**

The P&F will be selling BBQ sausages and drinks for $1 each at the Swimming carnival. If your child is interested, please ensure they bring some money along for these purchases.

CYGNET SAILING & BOATING REGATTA
To celebrate the 150th Anniversary of this Regatta a number of competitions and activities have been organized. Many of our Sacred Heart students have entered the art and writing competitions. Some students will be taking part in some sailing and boating activities at Cygnet this week.

IMPORTANT/DAILY BUS ARRANGEMENTS
In the interest of your child's safety and piece of mind we ask that parents/guardians place a note in the student diary (or phone the school office) if bus arrangements are changing for your child at the end of the day. Once we have received the advice we will make a note on the relevant bus sheet for that day.

Best wishes for the coming week!
Luch Brighella
Principal
4 March, 2014

Dear Parents,

Our School Board will be holding their Annual General Meeting (AGM) at the April meeting. We are now calling for nominations for membership of the Board.

Being a member of the Board involves many kinds of responsibilities and relationships. The information that is shared demands protocols that need to be understood and observed by all. The principle focus of the Board members is to work to improve the capacity of the school as a Catholic school in order to deliver quality educational outcomes for the students.

**Criteria for Membership**
Board members should:
- possess an enthusiasm for and willingness to promote the mission of Catholic School,
- bring to the Board their gifts and skills,
- desire to give service to their school community,
- be prepared to undertake formation, and
- have sufficient time to devote to Board duties.

**Potential members of the Board must:**
- have an ability to work cooperatively and constructively with all members of the Board,
- have an ability and desire to uphold confidentiality in Board matters, and
- have been screened as a volunteer under Child Protection Protocols.

Our Board has a couple vacancies for members in 2014. Nominations for membership must be in writing and signed by the proposer, seconder and nominee and forwarded to the Principal. After consultation with our Parish Priest Fr Greg Barker, the nominations are submitted in writing to the Director of Catholic Education.

If you have any questions, please do not hesitate in contacting me.

Regards

Luch Brighella
Principal
Nomination Form

SHCS Board Membership

Community member being nominated: ..................................................

Nominated by: ................................................................. (name & signature)

Seconded by: ............................................................... (name & signature)

Please write a short paragraph explaining how the nominee would contribute positively to the Sacred Heart School Board.

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Please return to Luch Brighella
WHAT’S BEEN HAPPENING AT SACRED HEART

Beginning of Year Mass
SHG AND IMMACULATE HEART GRADE 4 SPEND THE MORNING TOGETHER
Please come along – we’d love to meet you!

Delaney 0298108; Karen Spillane 02971541; Kate Greaves 0427971540 or Angie Cross 0437326002.

Josephite Centre. If you can’t make a meeting but have some suggestions, please contact Karlee
Term 1 Meetings are on the first Tuesday of each month commencing on 4th March at 7:15pm in the
The P&F meets regularly during term time, and everyone’s welcome to attend.

The P&F is a great opportunity to build friendships among parents.

Throughout the year we hold BBQs, Raffles, Mothers’ Day and Fathers’ Day stalls and – THE BIG ONE –

chances from the canteen.

Gr 6 and donate funds to the Grand Tour of Tassie. We also sponsor prizes to promote healthy meal

classroom resources, musical instruments, Kinder Water proof bag, reading book sets, book covers for
school budget & get extra resources for all our kids to enjoy. Last year, for example, we purchased
The P&F are a friendly and enthusiastic group of parents. We organise fund-raising events to boost the

Do you want to get involved at the school & share your skills? Please join the P&F!

Year ahead at Sacred Heart.

Welcome to our Family BGC! We hope your kids are settling well into school this term and have a great

Parents and Friends Association
Sacred Heart Catholic School