Persistence in Prayer

Recently, Malala Yousafzai was nominated for the Nobel Prize for Peace. It was a popular choice and I think if Jesus was around today, he would have used her as the example for the teaching he gives in next Sunday’s Gospel (Lk 18:1-8). There he describes a widow confronting an unjust judge as a model of prayer. The widow had no rights, no voice in her society and she was being unjustly treated. But that didn’t stop her from standing up for what she needed. The judge couldn’t have cared less what God or people thought but this widow would not give up. She had some good thing she needed, most likely support for her children, and she would not give up.

Malala is like that. She believes in the education of girls and she is prepared to risk everything to bring that about. It would seem that a young girl in her society is powerless. She has shown this is not so. She has faced death and even if those who want her dead succeed, she will not have failed. She has inspired so many with her courage and her tenacity in the face of such terrible odds. She will not give up.

And what about us? Inside each of us is a desire to do good, to be good. Maybe we understand it as being a better spouse or a better parent; maybe it is the desire to overcome a weakness or addiction. If we take time to think about it, we recognise that deep longing within us. But we also see the obstacles in our way. Sometimes they are within, sometimes they are without and always they are real. But as Jesus teaches us, and as Malala has shown us, obstacles are not reasons for not trying to achieve our hearts desire. Prayer is about asking God to help us achieve this. It gives us the grace to persist, to struggle through difficulties and obstacles, to work for our heart’s desire. Now, what do you really want?

Loving Father, you know the deep desires of my heart. Send me your Spirit to help me recognise, name and work towards fulfilling those desires. With the support of Jesus, may I persist when all seems against me. I ask this in his name confident that you will hear me.

Sr Kym Harris osb

ST MARY MACKILLOP QUOTE

“We must teach more by example than by word.”

Mary MacKillop
1867
Dear Parent/caregiver,

WELCOME TO TERM 4
A special welcome back to all students, families and staff. I hope that you enjoyed the recent holiday break.

We especially welcome our new Grade 4 Teacher, Mrs Kathy Allwright who replaces Mrs Campagna while she is on Long Service leave for the first 6 weeks.

We welcome back Mrs Fran Reynolds who has been on Long service Leave during Term 3.

A special welcome to new students; Nadia Cooper (Grade 3) and Michala Young (Prep) and their families. We hope that you settle in quickly at Sacred Heart and enjoy the years ahead at our school.

THANK YOU MRS VERONICA HARRIS
At the end of Term 3 we farewelled Mrs Veronica Harris, who was our Learning Support Teacher during Term 3 while Mrs Reynolds was on leave. It is not an easy task to join a school staff in the middle of the year, but I must say that Mrs Harris did some wonderful work over the very busy term that we had. Our very best wishes are extended to Mrs Harris as she returns to St Cuthbert’s Catholic School.

WEEKLY PRAYER GATHERING AT SACRED HEART
This Wednesday, we begin a Weekly Prayer and Reflection Time for our students and staff. This Liturgy will commence at 9am in the School Hall. It will focus on the Gospel reading from the previous Sunday, a short reflection, prayer and a hymn. Parents are welcome to join us for this Liturgy.

SACRED HEART TEAM BASKETBALL CHAMPIONSHIPS
This coming weekend, Bailey Gordon (Captain), Joshua Coad (Captain), Fraser Johns, Jordan Walker, Milo Burgess, Tommy Twaits, Ethan Carter and Reece Norris will be representing Sacred Heart and Port Huon in the Southern Tasmanian Basketball Championships to be held at the Kingborough Sports Centre. Congratulations to all the boys and we wish them well.

CONGRATULATIONS MR RYAN KINDER
Last weekend, Mr Kinder won the Australian Commercial Radio Award for “Best New Talent”. This was an Australia wide award and commended Mr Kinder for his great musical talent. Mr Kinder regularly performs his own compositions on HOFM early Friday morning. Congratulations Ryan on receiving this significant award.

PAPER COPY OF NEWSLETTER TO ALL FAMILIES THIS WEEK
Today you have received a paper copy of our regular weekly newsletter, as well as the normal emailed version. The newsletter is a great form of communication between home and school and it contains lots of interesting updates, information, photos and our weekly reflection. Please take some time each week to read the newsletter that we email to you.

QUIZ NIGHT THIS SATURDAY
This Saturday, 19 October our Quiz Night is being held in our school hall from 7pm. We already have over 70 people coming along which is fantastic! We hope to get to 100 guests in order to make this a great fund-raising event! There will be heaps of fantastic prizes to be won. Adult refreshments will be available at reasonable prices. Why not come along and join in the fun. Book a table of 6-8 by contacting our school office. If you don’t have a table booking, let us know as some tables have spare seats. Tickets are $10 per person.

MOVE WELL EAT WELL
This term we introduce two important components of the Move Well Eat Well Program. From next week, all classes will have a morning fitness session on Tuesdays and Thursdays from 9 – 9.15am taking part in a range of activities run by our Grade 6 Aussie Sports Leaders. In addition to this, we are promoting that each child only drinks water at school.
MULTILIT PARENT VOLUNTEERS
If you are keen to assist for an hour each week with our MULTILIT Program, please contact Mrs Fran Reynolds, our Learning Support Teacher, via the school office. No experience necessary. Training will be provided.

ENROLMENTS
We are currently accepting applications for new students at our school. We have:

- Some places currently in all other grades from Prep – Grade 6, both for immediate start this year and also for 2014.

SCHOOL FEES
We encourage families to ensure that your child’s school fees are paid on time. At Sacred Heart, we do keep our school fees to an absolute minimum. In order to continue to supply quality education for your child, we ask that overdue accounts are paid promptly.

SHOW DAY HOLIDAYS
Parents are reminded that Hobart Show Day, on Thursday, 24 October is a public holiday. Friday, 25 October is a student free day. Therefore students do not need to attend school on both of these days.

SCHOOL ATHLETIC CARNIVAL – CHANGED DATE
Parents are reminded that the School Athletic Carnival has been changed to Tuesday, 29 October to allow more time to arrange this carnival properly. The carnival will take place at Kermandie Oval (all day) and all students will be involved. A more detailed notice will be sent home soon.

Have a great week!

Luch Brighella
Principal

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**Dates for your Diary**

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
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<tbody>
<tr>
<td>Fri 18th Oct</td>
<td>Aboriginal Culture Day TMAG</td>
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<tr>
<td>Sat 19th Oct</td>
<td>Quiz Night @ SHCS 7pm</td>
</tr>
<tr>
<td>Tues 22nd Oct</td>
<td>Kinder Excursion to Huonville Community Health Centre &amp; Library</td>
</tr>
<tr>
<td>Thurs 24th Oct</td>
<td>Hobart Show Day Holiday</td>
</tr>
<tr>
<td>Fri 25th Oct</td>
<td>Student Free Day</td>
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</tbody>
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**Merit Certificates - 25th September 2013**

Bonnie Thorpe – Her fantastic reading.
Denver Chase – His work on his prayer for the class prayer book.
Evelyn Ralston – Great writing and reading in class and at home.
Brooke Short – Fantastic writing in Literacy.
Nadia Cooper – Having a great first day in Grade 3.
Emily Reynolds – Having a SuPeR day!

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**Bookclub closes Wednesday 23rd October. No late orders accepted.**
Whats Been Happening at Sacred Heart

Tiwi Islands Visit

6 children and 3 staff from Pularumpi School spent a fabulous week exploring our part of the country.

Catholic Cross Country
Whats Been Happening at Sacred Heart

Kinder visited the Raptor Centre
Sacred Heart Catholic School

SATURDAY 19TH OCTOBER
7.00pm
Sacred Heart Catholic School Hall

Teams of 2-8 people
$10 per person

RAISING FUNDS FOR THE GRADE 6 MELBOURNE TRIP

Quiz Night Ticket Purchase

We would like to book a Table of 6
Table of 8
We have enclosed $__________ for our tickets

I have enclosed $__________

We would like to purchase tickets for the Quiz Night.

STUDENT: _________________________________
CLASS: ___________

PARENT: __________________________________

SIGNED: ________________________________

PLEASE SEND TICKET ORDER TO SCHOOL OFFICE IN ENVELOPE.
The basic task of parenting, whether you have a two year old or a twenty-two year old, is to work yourself out of a job at the first possible chance.

REDUNDANCY should be the aim of the game! We never become redundant in a relationship sense – the emotional connection between our children and us is never severed.

In a practical, physical way we need to make children less, rather than more, reliant on us.

Developing independence is really about stepping back to allow children in. Doing less rather than more!

We develop greater independence in our kids one job at a time. Recently I gave my 22 year old son a job that I had been doing for a while. He lives in North America and I had taken on the job of being the connector between him and one of his sisters, who lives in the UK. I had been my job to pass messages on between the two via telephone and emails. I would update each of them about how the other sibling was going.

Frustrated being the go-between I made sure he had contact details and let him know that it was his job, not my job, to connect with his sister.

We easily take on children’s responsibilities

It is easy as parents to take on the jobs and responsibilities that really should belong to our children. With toddlers it is so easy to dress, feed and clean up after them rather than give these jobs over to them.

With school-aged children we can find ourselves making lunches, getting kids out of bed and cleaning out schoolbags rather than giving these basic tasks of living over to them.

And as I discovered, it is easy to still do the basics of life for adult-aged children.

TIP NO. 1 for developing independence:

Be clear about who owns jobs or tasks in your family and never take on a child’s job, or part of a task, unless there is extenuating circumstances such as illness.

A mother I met recently is very clear on who does what in her home. It is her job to wash the clothes of her early teenage children but it is their job to place them in the washing basket. She doesn’t check bedrooms as it is not her job to place kids’ clothes in the washing basket.

Okay, I can hear your thought processes. Sounds good but what happens if kids don’t give a toss and they don’t mind being dirty.

Good point. In this case, this mum has a son who is, to say the least, fairly slack in the area of hygiene. But she didn’t become overly fussed about that.

She certainly didn’t get fussed when he played a game of football in the wet, muddy jumper that lay in his sports bag for a week. And she happily showed him how to work the washing machine when he wanted his favourite shirt (that he forgot to put in the washing basket) to be washed for a special night out.

TIP NO. 2 for developing independence:

Never be more worried about a child’s job than they are, otherwise it becomes your job, not theirs.

This mum remained very clear that it was her job to wash the clothes but not to place them in the washing basket. She would remind kids about washing night, but never nag them to put clothes in the basket. She knows that as soon as she keeps reminding them, it becomes HER job rather than her children’s job to put the washing in the clothes basket.

The school holidays provides a good opportunity to reflect on the whole notion of job-sharing. It’s also a good time for kids to increase their job load when they are not burdened with schoolwork and extracurricular activities.

Here’s my challenge for you: Think of a job that you regularly do for your child that he or she can do for him or herself. Then step back and enable your child to do that for themselves on a full-time basis. Do less not more for your kids.

If you do that, then you can congratulate yourself as you have moved one step more toward REDUNDANCY.

Published by Michael Grose
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For more ideas, support and advice for all your parenting challenges visit: www.parentingideas.com.au

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www.parentingideas.com.au
STNA invites Primary School teams to participate in our Spring Roster which begins on Tuesday 22nd October – 10th December (8 rounds in total).

Matches are played at 4pm and 5pm and umpires are supplied.

It is $220 to enter this roster which is to be paid by the first match.

Please contact the school office for a nomination form and more information.

TENNIS COACHING

Tennis coaching for children is available in Franklin after school starting in term 4.

Places are limited so if you are interested please call and book in your child.

Cost is $10.00/pupil for a 1 hour group lesson.

Contact MIKE HEWITT on 0417 376884

Junior Tennis Coaching Program

A nine week program Saturday morning coaching sessions will commence this Saturday, 19th October at Cygnet. The cost for the coaching program is $70.00 which is part of Tennis Australia's MLC Hot Shot Program. Cygnet Tennis Club membership is $30.00 for Juniors or $250.00 for families. This includes full use of the club's facilities, insurance and Tennis Australia registration.

Our club is blessed to have the services of such a skilled and experienced coach. Michael Hewitt who has been a tennis coach since his retirement as a professional player on the international tennis circuit.

Parents who wish to introduce their children to tennis for the first time or to further develop skills and knowledge of the game in an enjoyable environment should contact club coach Michael Hewitt on 0417 376 884 or 6266 3989 or Club Contacts John & Jenny Wills on 6295 1288 or Trent Cowen 6295 0623 for further details or to register for coaching.

Racquets are available if required.

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Please contact the school office for a nomination form and more information.

Huon Highway, Geeveston, Tas, 7116, Ph 62971313, Fax 62971990
email: shg@catholic.tas.edu.au  Twitter Handle: @SHCSGeeveston