From Enthusiasm to Commitment

In last Sunday's Gospel, Jesus cautions three would-be disciples on the demands of being a disciple. One would think he would have enthusiastically accepted all comers. Oh, no! Rather he makes sure they have realistic ideas of just what might happen to them in the future, even at the risk of putting them off. What is the use of enthusiasm if it runs out of steam? And what happens when the steam runs out? People being difficult and even acting dysfunctionally. We know what this is like because we have, dare I say it, seen it in ourselves.

Many of the commitments we make so enthusiastically are hard work: marriage, rearing children, living in community, working for a degree, giving up gambling etc. It is a rare and unusual person who has stepped back before making such a commitment, seen most of the possible challenges and then imagined how they could deal with them. Too often, we are sorting it out on the fly...and then wonder why we get discouraged, feel overwhelmed and sometime fail.

If we are to succeed in turning our enthusiasms into true commitments that bring peace and joy, we need to use both our heads and our hearts, and to invite God into our lives. For example, we can stop for a few moments at the beginning of each day and name who and what is important to us. We can imagine what we could do that day to honour them and then invite God to give us the grace, wisdom and love to do it. It seems so simple but it can make a big difference.

Loving God, you know the desires of my hearts, how much I want to love, how much I want to do. But you also know how often I fail to live up to my hopes and dreams. Give me the wisdom of your Spirit to discern simple and practical ways of living and loving more fully.

Sr Kym Harris osb

Dates for your Diary

Fri 5th July  Mass 12pm hosted by Gr 5/6
          End of Term 2!
Mon 22nd July Term 3 begins
THANK YOU
As another busy term comes to an end I would like to take this opportunity to express my gratitude.

To our dedicated staff, thank you for your wonderful support of the children that are entrusted to our care. Your professionalism, generosity and willingness to do those many little extras are very much appreciated by all.

To our Parish Priest, Fr Greg Barker thank you for celebrating Mass for us, helping with Sacramental preparation and your willingness to be a part of our school community. We are indeed very lucky to have you at Sacred Heart Fr Greg.

To our parents and volunteers, thank you for your wonderful support, especially those who are involved with our Board, P&F, parent help, excursions and Breakfast Club. Your kindness and generous donation of time is very much appreciated by all.

To our student leaders, you have done an amazing job in so many different ways. To our school captains, House captains, Aussie Sports Leaders, SRC and junior Joeys, thank you for the help you provide and always with a nice smile on your face!

Thank you one and all, you help to make Sacred Heart the special school that it is.

THANK YOU TO BENDIGO BANK
Last Thursday, at a special presentation at the Trades Training Centre in Huonville, Sacred Heart received a Bendigo Bank Award for $3300 to support our Breakfast Club. On behalf of our school community, I would sincerely like to thank the Bendigo Bank for their generous support of our school. In particular, I extend my personal thanks to Mr David Clark, a recent parent of our school who has been a fantastic support for many organisations seeking support in the valley.

STAFF ON LEAVE
Mrs Fran Reynolds, our Learning Support Teacher commenced her Long Service Leave last week. Mrs Reynolds will be travelling in the Northern Territory and she will be on leave till the start of term 4. We wish Mrs Reynolds all the very best for her period of leave.

Mrs Kari Thomas, our PE Teacher is soon to have her second child. Mrs Thomas will be taking Maternity Leave until the end of this year and returning to Sacred Heart from the beginning of 2014. We wish Mrs Thomas and her family all the very best or the birth of her baby.

SACRED HEART ANNUAL REPORT
Parents are advised that our most recent Annual School Report can be viewed on our school website. The website also has stories about school events and activities, information about our school and of course our school calendar.

GRADE 6 MELBOURNE TRIP
This year our Grade 6 class will travel to Melbourne for a three day trip, from 21st - 24th August. This will provide our grade 6 students with the opportunity to visit another capital city and engage in a number of educational experiences as well as some for enjoyment. Whilst the itinerary is yet to be finalised, the trip may include visits to the Melbourne Zoo, the Melbourne aquarium, museums, Scienceworks, The Mary MacKillop Centre and an AFL footy match. The trip will also include sight-seeing around Melbourne city and the opportunity to just spend time with classmates and friends. This trip will replace the Tour of Tussie this year and will no doubt be a fantastic experience for all involved.

GRADE 6 MELBOURNE TRIP CHOCOLATE DRIVE - CAN YOU HELP?
So as not to burden our families with the costs associated with a trip to Melbourne, Grade 6 students and their families will be organising some fund-raising ventures. The first is a Cadbury Chocolate Drive. If you would like to support our Grade 6 Melbourne Trip by selling some chocolates, please contact the office if you would like a box sent home.
GIVE ME 5 FOR KIDS - FAITH IN ACTION
Thank you to everyone who donated to this very worthwhile cause. We raised $350 that will go towards providing new equipment for the Children's Ward at the Royal Hobart Hospital. Great work Dylan, Mitch and Max from Grade 6. Your great initiative is a great example of "Faith in Action" at Sacred Heart!

PBS REWARDS DAYS
Last week we had two special days where students could trade in 100 of their joeys in exchange for an experience. These experiences included golf, fishing, lunch with the Principal and a bushwalk. The many children who took up these experiences had a great time! Golfer skills soon developed, bushwalkers experienced the beauty of our natural environment, delicious food was enjoyed and salmon were caught! Special thanks to all the staff who assisted with these activities and we are also very grateful to Mrs Cate Doherty who organised these fun activities.

P&F MOVIE AFTERNOON
Last Friday our wonderful Parents and Friends Association organised and ran a Movie afternoon for our students. Around eighty children attended and were thoroughly entertained with a great movie. A delicious BBQ of sausages and hamburgers sorted out the hunger pains after school and freshly cooked popcorn and a drink were served during the movie. What a great treat near the end of a busy term! My sincere thanks to the P&F for organising this great event and special thanks to the many teachers who stayed and helped with supervision.

IMPORTANT DATES
Term 2 ends this Friday, 5 July
Term 3 commences on Monday, 22 July

SCHOOL OFFICE
Our school office is open throughout the school holidays. As always, our friendly office staff will be only too happy to assist you in any way they can.

NEW ENROLMENTS
DO YOU KNOW SOMEONE WHO IS INTERESTED IN COMING TO OUR SCHOOL?

We have some places available in some of our grades.

Word of mouth is the best advertising for our school.

Tell your family and friends about our school.

They are welcome to come for a tour any time.

Application packages are available from our school office.

HAPPY HOLIDAYS
May I take this opportunity to wish everyone a wonderful, safe and relaxing holiday.

Best wishes,
Luch Brighella
Principal

Premiers Reading Challenge
Happy reading for the holidays! Keep up the great work.

Huon Highway, Geeveston, Tas, 7116, Ph 62971313, Fax 62971990
email: shg@catholic.tas.edu.au Twitter Handle: @SHCSGeeveston
What’s been happening at Sacred Heart

Grade 5/6 students cooking up a storm in our Life Skills Program

Olivia looks after her quails in Grade 4

That’s amazing! Max and Jed enjoying the excitement of Science in Grade 6

Ethan takes Grade 4 for a Letters and Sounds lesson

Callum and Mrs Beven visit our newly born quails in Grade 4

Anyone for chess?

Student leaders visit Wayraparrattee Community Centre
* The more you put into life the more you get out of it.

* Friends can make or break you. "If you want to fly like an eagle don't hang around with the turkeys"

* The next 10 years are going to be most important as I will be setting up my life.

* I should learn from my mistakes as” only a fool makes the same mistakes twice”

* If I treat greet and speak to people well, I will be a better person and will make other people happy

* When I saw the video of people in 3rd world countries, I thought how lucky I am and how I take so much for granted, especially my parents.

* Stay Positive you will become what you think about.

* Be a generous kind and caring friend. Be a giver not a taker in friendships.

* Courage is doing right when everyone is doing wrong.

* The small things we do are really important, smile wave Say hello Thanks sorry etc.

* Qualities we admire in people: Honest, thoughtful positive, cheerful, friendly, generous, helpful, W.E.S.T., understanding, kindness.

* Lines from Songs :" Sometimes you are going to have to lose" "The future is in your hands" "In the end it is up to you" "Sometimes you are going to have to sacrifice the things you like" "There is always going to be another mountain" (problem)

* Where we saw the spirit of Jesus in the last 24 hours: For Kade when he took the good with the bad when he went out in handball, I saw the spirit of Jesus in Lachlan when he kept trying in our game. When Shayla, Ebenee, Natasha, Taylah, Maddie Lilijana, and Juliet were helping Mrs McQueen packing the fund raising chocolates. When Cooper invited me to play in the game. When Mum made me lunch and dad drove me to school.
What do you think when you hear kids swear in public?

If you’re like me, you feel decidedly uncomfortable when kids of any age turn the air blue with profanities. Swearing shows lack of respect for others and a lack of awareness for their surroundings.

Teaching kids to use appropriate language is trickier now than in the past. For a start, standards have changed where many words – such as the F word – that were deemed inappropriate in the past are often heard on radio and seen in mainstream newspapers. And words that everyone agrees are inappropriate are frequently used in public forums, to the point that the boundaries of appropriateness have become blurred.

Standards may change, but the job of parents hasn’t altered. Whether it’s teasing or swearing it’s all the same. The message to get across to the next generation is – if it’s offensive then choose other words or say nothing at all.

Socially-smart kids alter their language

Socially-skilled kids of all ages will adjust their language to suit the situation they are in. They may speak one way with their friends, but use a completely different vocabulary with adults. They are aware that what works with their best friend just won’t cut it when in grandma’s company. This awareness shows social acuity and a flexibility to adjust to different environments. It needs to be extended to all sorts of situations, including where adults and younger children are present.

They didn’t hear that from me!

What do you do when you know your children swear despite your best intentions?

Don’t over react. Try to work out its purpose. Children swear for many reasons, including to experiment with language; to attract your attention; to make themselves appear bigger or older than they are; and even as a challenge or expression of personal power.

Inappropriate language can also simply be a reflection of your children’s peer groups. ‘Everyone else swears so there’s nothing wrong with it’ is a common attitude of many children and young people.

Teach them that language may be appropriate in one context or be accepted by one group but it is not acceptable in every situation. While not condoning swearing, get across to children that they need to learn to control their use of language and adjust it to suit the situation they are in.

When swearing becomes a habit

If swearing has become a habit for kids, make up alternative words to replace the swear words. One family I know had replaced certain words with different fruits. They had a fruit for every situation!

Alternatively, use a penalty or fine system to make kids aware of their poor language. When you hear a family member swear, fine them an agreed amount. At the end of the week or month give the money to a worthy cause. Of course, this strategy is easier to implement when parents join in as well.

Take a long, hard look at ... er ... yourself!

It’s also helpful to examine your own choice of language to judge if it is an acceptable model for your children. Yep, sometimes kids will pick up their parents’ language and repeat it at the worst possible time, such as when relatives are over.

The job of adults is to develop a sense of social awareness in the next generation so they can easily navigate a variety of different groups and social situations. Teaching appropriate language use is at the very heart of teaching kids to be socially-skilled. That’s something we all should swear by!

When kids swear:

1. Avoid over-reacting when your kids swear. Look for the reason.
2. Discuss with older children the concept of matching their language with the audience.
4. Use a penalty or fine system when kids swear in front of you.
5. Model the language you want kids to use.

Standards may change, but the job of parents hasn’t altered. Teach kids to use language that doesn’t offend others. The message to get across to the next generation is – if it’s offensive then choose other words or say nothing at all.
The Southern Tasmanian Netball Association invites students from Grade 3 to Grade 7 to participate in our Winter Netball Holiday Clinic.

The program will be conducted by experienced coaches in an aim to provide skill development, fitness, improved game knowledge, general enjoyment of the game and match play.

**When:** Wednesday 10th, Thursday 11th and Friday 12th July  
**Location:** Creek Road Netball Centre/Aurora Sports Stadium  
**Time:** 9am – 12pm for all grades  
**Cost:** $25 per session or $60 for 3 sessions of the one clinic

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**Maritime Museum of Tasmania Winter School Holidays Program 2013**

**Learn to Draw class** – Formally trained artist Louis Rodway introduces budding artists to the fundamental skills of drawing and observation, with a simple formula enabling artists to draw boats, buildings, cars, trees, rabbits, anything!

Recommended for ages 9-12. 15th -16th July

**Time:** 10.00-11.30  
**Place:** Maritime Museum of Tasmania, cnr. Argyle and Davey Streets Hobart.  
**Cost:** Free

Places are limited, so please call us on 6234 1427 or email info@maritimetas.org to make a booking. Kids need to be accompanied by a guardian.

**Living at the Lighthouse** – What was it like to live at a lighthouse station and keep ships safe all around Tasmania’s coast? What did the lighthouse keeper’s kids get up to? Hear stories about lighthouse keeping families and make your own lighthouse to take home. Recommended for ages 4-10. 17th-19th July.

**Time:** 10.00-11.30  
**Place:** Maritime Museum of Tasmania, Cnr. Argyle and Davey Streets Hobart.  
**Cost:** Free

Places are limited, so please call us on 6234 1427 or email info@maritimetas.org to make a booking. Kids need to be accompanied by a guardian.
Kingston Kings Basketball Club

School Holiday Basketball Clinic

Wednesday 10 July & Thursday 11 July 2013

Kingborough Sports Centre

Head Coaches

Peel Stone (Kingston Kings Under-18s coach)

Mark Nash (former NBL and Hobart Chargers player)

Hobart Chargers stars Deba George, Kathleen Sheer,

appearances

Jordan Gregg and Lindsay Lunn will be making guest

Hobart Chargers stars Deba George, Kathleen Sheer,

Director of Operations and Hobart Chargers head coach

Clinic cost is $40 for the two sessions ($25 for individual sessions)

Skill development & team challenges

1.00pm—4.00pm both days

7–13 years age guide

Timelines

Wednesday 10 July to 3pm

Thursday 11 July to 3pm

School Holiday Basketball Clinic

Kingston Kings Basketball Club

For more information or to register email

kingston.kings@hotmail.com

or phone 0408 070 014

Clinic cost is $40 for the two sessions ($25 for individual sessions)

Skill development & team challenges

1.00pm—4.00pm both days

7–13 years age guide

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