Dear Parent/caregiver,

St John the Baptist.

Next week, the Church celebrates the Feast of the Birth of John the Baptist. He was Jesus’ cousin – the one who prepared the way for him. Well you may ask why Jesus, the greater one of the two, needed his cousin to prepare the people for his coming. There is something profoundly human about being helped by other people before beginning to serve. Stop and think how many people helped you in so many different ways become the person you are by supporting, challenging, comforting, yes, and even disciplining. So Jesus, when he entered fully into our humanity, was helped before he began his life of public service.

John confirmed Jesus in his call from God and directed the people to him. He also challenged Jesus when he did not meet his expectation...and when Jesus stood his ground and told John, gently, that his way, his calling was different, he accepted and respected Jesus’ own call. John also gave us those great words which every parent and carer needs to learn, “He must increase, I must decrease.”

As parents and carers of children, we are constantly being challenged to go out from our comfort zone in the way we care. Our children are not subservient to us, nor we to them. We are called into the great mystery of helping another human being grow into a good, meaningful life. And this is a challenge, and often a messy one. We need to confirm, comfort and discipline and, as we seek to do this, we will be confirmed, comforted and disciplined but hopefully we too will grow as people.

Loving Father, you sent your Son to live in the midst of a human family, giving and receiving from all, especially his cousin John. May we appreciate what others have done for us and show if by giving freely from our love. We ask this in Jesus’ name, confident that you will hear us.

Sr Kym Harris osb

Dates for your Diary

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>Wed 12th June</td>
<td>Assembly 2.15pm hosted by Gr 5/6</td>
</tr>
<tr>
<td>Tues 18th June</td>
<td>School Photo Day</td>
</tr>
<tr>
<td></td>
<td>P&amp;F Meeting 1.45pm</td>
</tr>
<tr>
<td>Fri 21st June</td>
<td>Mass 12pm hosted by Gr 5/6</td>
</tr>
<tr>
<td>Wed 26th June</td>
<td>Assembly 2.15pm hosted by Gr 3/4</td>
</tr>
</tbody>
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Huon Highway, Geeveston, Tas, 7116, Ph 62971313, Fax 62971990
email: shg@catholic.tas.edu.au  Twitter Handle: @SHCSGeeveston
FEAST OF THE SACRED HEART MASS
Today we celebrated our feast day with a Mass in St Joseph’s. What a wonderful Mass this was and very well organised by Mr Grey and Grade 1&2 children. The children sang and responded well throughout Mass. Congratulations to our Kinder children who were absolutely wonderful throughout Mass.

CONGRATULATIONS MISS LONGEY
Last Sunday, Miss Shae Longey, our Grade 5 teacher received the Sacraments of Confirmation and Eucharist. Miss Longey has been preparing for these sacraments along with children at our school and from within the parish. I’m sure that you will join me in congratulating Miss Longey.

MID-YEAR REPORTS
This year, all Catholic Primary Schools in Tasmania will all be using the same style report which will be well received I’m sure. This year, our Mid-year reports will be issued in the first week of Term 3. These will be followed by optional Parent-Teacher meetings in Week 3. Our teachers at Sacred Heart have already dedicated a great deal of energy to this reporting to parents process and they are currently working towards completing your child’s report by the end of this term. I’m sure that you will find these reports comprehensive and very informative.

BREAKFAST CLUB
Our Breakfast Club has now been running for two weeks and there are now a few good procedures in place. Please read through these carefully and we would appreciate you taking some time to go over these with your child.

1. Breakfast Club does not replace breakfast at home. Please encourage your child to have brekkie at home.
2. Breakfast Club is not an opportunity or a competition to see how much we can eat. It is a service we are happy to provide if your child is still hungry when they get to school.

Special thanks to the students, parents and staff who are helping out with the program.

SCHOOL PHOTOS NEXT WEEK
A reminder that class and individual photos will be taken at school next Tuesday morning. Your support with the following would be great:

• Ensure that your child arrives at school on time.
• Full normal school uniform must be worn including the school jumper.
• School shoes must be worn and should be clean.
• Hair should also be neatly presented.

Photos will only be provided to families who have already ordered and paid for them.

P&F MEETING WRONG DATE
Please note that the P&F Meeting schedule for next Tuesday, 18 June will be at 1.45pm. All welcome.
LOST PROPERTY
We have quite a few uniform items in lost property. Please ensure that your child has all of their uniform items and that they are clearly labelled with your child’s name.

WOOLWORTHS EARN & LEARN PROGRAM
As you know, our school has been participating in the Woolworths Earn & Learn program. The program has now finished for this year, so a big thanks to everyone who supported our school. We’re now at the important stage of the program where Points Sheets are collected and lodged as our Earn & Learn claim. We will then be able to get new educational equipment for our school. The more we collect, the more we can redeem. So this week please send in your Woolworths Earn & Learn Points Sheets and any loose Earn & Learn Points Stickers you may have. Remember to check your handbag, the car glove box or they maybe stuck on the fridge. Every little bit helps. Thanks again for all your support!

Have a great week,

Luch Brighella
Principal
Baby Quails in Grade 4

On the long weekend either Saturday or Sunday, two baby quails hatched. We have decided to have a vote on what we are going to call them. We have been having lots of fun creating their new home, which will quickly become too small. In a couple of weeks we are going to need a bigger cage.

*If you have a rabbit hutch please call Mrs Campanagna at school.*

Thanks from Grade 4 (and the Quails) By Olivia, Georgia & Ava
PBS Catalogue

The children at Sacred Heart are doing a fabulous job being SuPeR (Safe, Positive & Respectful) kids. We are now extending the range of rewards we have in our J-Mart store. There is a catalogue in each classroom detailing the new rewards. Some of our new rewards include:

- Reading at lunch time (20 Joeys)
- Milk Shake (30 Joeys)
- Board games at lunch time (30 Joeys)
- Free dress with a friend (50 Joeys)
- Helping Nev for the afternoon (50 Joeys)
- Bush walking with Mrs Klein (100 Joeys)
- Fishing in the afternoon with Mr Grey (100 Joeys)

Well done to all the children who have collected so many Joey stickers.

WANTED

Do you have any of the following items to donate to school. If so please leave them at the office:

- Pillowcases
- Large pieces of material
- Tin muffin trays
- Wooden Spoon
- Saucepans
- Pots
- Watering cans
- Wooden cable spools

Also if you have any old stockings.
Let the consequences do the teaching

Behavioural consequences are a parent’s best friends. When consistently applied consequences will improve kids’ behaviour and increase personal responsibility.

Too often parents will overtalk or repeat themselves to get cooperation from their kids. Too much talk and most modern kids tune out.

Alternatively, parents who protect their kids from the consequences of poor or selfish behaviour aren’t doing them any favours as they are robbing them of terrific learning opportunities.

I love the notion of behavioural consequences as they teach kids to take responsibility for their lives and to make smarter choices.

Parents can use two types of consequences – logical and natural consequences

A logical consequence is used more frequently in family situations. They require adult intervention and are used when their behaviour disturbs other people. A child who makes a noise in the family room is asked to leave; children who refuse to clean their toys lose them for a period of time; and teenagers who come home late from a party lose the right to go out next time.

The 3 R’s of consequences
Consequences often involve the withdrawal of a privilege or a right. For example, a teenager who spends more time than agreed on Facebook, may lose access to technology for a day or two.

Restitution, or making up to someone for unfair treatment or for loss of a possession is another form of consequence. A child who willfully breaks his sister’s toy may make full or part payment for a replacement. In both these examples the consequences are related to children’s misdemeanours, and are reasonable and respectful of their dignity.

A natural consequence involves NO adult interference. For instance, a child who leaves an excursion note at home will miss the excursion; a child who spends all his pocket money on the first day will have nothing for the weekend and a child who oversleeps and misses the bus walks to school. In these examples, children learn from the direct consequences of their own decisions and thus they are not protected from negative outcomes from their parents.

“IT’S YOUR FAULT, MUM!”

Some kids are experts at manipulating their parents to rescue them from experiencing the consequences of their poor choice. They’ll blame their parents for not getting them out of bed on time, or for not reminding them about their responsibilities. It’s best to stand back and let the consequences work their magic! Note you shouldn’t use natural consequences when safety is an issue. Act decisively to ensure your child is safe.

Here are four simple tips to help make sure your consequences are effective:

Tip 1: Set consequences like a neutral cop.
Issue a consequence using sarcasm or anger and your kids will be angry at you. Issue it like a neutral cop free from emotion or without being heavy-handed and your kids are more likely to be mad at themselves.

Tip 2: When possible, negotiate consequences prior to engaging in new activities.
If your young person is going out for the first time with friends at night, talk about their behaviour and home time. Also discuss the likely consequences if kids don’t stick to the agreement. As a rule, kids are more likely to abide by consequences when they’ve had a say in deciding them.

Tip 3: Avoid life sentences.
Ban a child from going out for a few days rather than leaving the duration open-ended. Set a time-frame for the consequences and remember the second of the 3R’s – reasonable – means that parents shouldn’t go overboard with consequences.

Tip 4: Don’t acquiesce to terrorism…or guilt.
If your child issues a threat saying something like, “There’s no way you can make me come home at six o’clock,” don’t rise to the bait. Deflect it by saying, “We’ll talk about this tomorrow.” Don’t give into the threats of running away or non-cooperation. “I hope you don’t run away. It’s great having you at home. I want what is best for you.” Avoid stating what you would love to say, which maybe something like, “Yeah, try running away. You wouldn’t last inside two days before you are back here begging for a good feed and comfortable bed!”

Bite your tongue instead, and let the consequences do the teaching!

For more practical ideas to help you raise happy confident kids subscribe to Happy Kids, Michael’s free email newsletter at Parentingideas.com.au. You’ll get a free Chores & Responsibilities Guide when you do.
Aaaarrrrrrgggghhhh!

Ahoy there me hearties!

All treasure maps lead to the PCYC on the 14th of June for our monthly Kids Night Out. Come join Captain Jack in flying the jolly jogger on a night of pirate adventures as we sail across the Caribbean! From 6:30pm to 10:30pm for all scallywags between the ages of 5-12.

Who will be brave enough to walk the plank into Davy Jones locker?

To secure a place on our ship, ye must book first! Savvy?

Call 62643100

Ahoy there me hearties!

Aaaarrrrrrrrrrrghhhhhhh!

Many monthly kids Night Out. Come join Captain Jack in flying the jolly jogger on our monthly Kids Night Out. All treasure maps lead to the PCYC on the 14th of June. For our $10 adult, $5 child, $50 family ticket, please call 62643100.
Teachers inspire learning...

nominate an inspirational teacher TODAY

2013 Nomination Form

ASG NEiTA Awards for Inspirational Educators

Closing date 31 July 2013

(Nomination forms available from the school office)