Ditto's Keep Safe Adventure!
Education Program

Our Mission is to empower children with skills and knowledge on how to keep safe.
Our Vision is to make Australia the safest place in the world to raise a child.

Dear Parent/Caregiver,

In the near future your child will have the opportunity to experience our Personal Safety Education Program "The Ditto Show". Bravehearts are extremely proud of this program and believe that by providing children with the basic principles of personal safety, we are providing them with the tools to stay safe.

Just as teaching children the road rules cannot guarantee our children's safety on the roads, no program can guarantee to "abuse-proof" our children. But, by teaching them the principles of personal safety we are giving them the knowledge they need to stay safe and know what to do if anything does happen.

The 'Ditto Show' is live performance with "Ditto" being the star attraction. The show runs for 35 minutes (and we have a 20 minute one for our under 5's).

Our program has been delivered throughout other states in Australia since 2006 empowering over 200,000 children. The content has been reviewed and supported Tasmanian State Government.

'Ditto', the Bravehearts' mascot comes to life as the star of Ditto's Keep Safe Adventure Education Program to ensure the program is delivered in a fun, interactive and engaging manner.

Specially written songs for the show include "Private Parts" and "Run and Tell Someone You Can Trust". These are catchy songs and our experience shows children are remembering them in the same way they remember common nursery rhymes. Feedback from schools and centres has indicated that children are singing the songs in the playground. Ditto's Keep Safe Adventure Program and resources are NOT SEX EDUCATION. Private Parts are simply explained as the mouth (as we don't just go around kissing anyone) the chest, between the legs and our bottoms). The main aim of the program is to enhance children's emotional literacy.

The findings of an independent evaluation suggest that the delivery of the principles embedded in this program can reduce the prevalence of not only child sexual assault, but also other forms of abuse including family violence and bullying, in a range of settings.

Topics covered throughout the show consists of "Yes" & "No" Feelings, The Body's Warning Signs, Private Parts, Secrets and what to do if you feel unsafe or unsure.

If you do not wish for your child to attend the show please notify your school/centre. Should you have any questions about the program please do not hesitate to contact our office.

Kind regards,

Bravehearts Education Team

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Dear parents and grandparents,

We would like to sincerely thank you all for your contributions and support for our ‘Gifts of the Huon Valley’ unit in term 1.

The unit was a great success, due undoubtedly to the amazing offerings made by parents, grandparents and community members. We had fresh produce, timber products, apple industry artifacts, photos, books and family stories among other things, being shared with our class, adding a ‘real-life’ element to the children’s learning. I think those of you who were able to attend our Apple Dance will agree that it was a brilliant afternoon of celebrating the gifts of our Valley. Any families who would like a copy of Steve Gadd’s Apple Shed music CD, please fill in the form below.

You all epitomised the central concept of our unit – sharing our gifts. Thank you again.

This term we are exploring sound and light in our science unit. The finale will be a performance so you can look forward to another community gathering.

Kind regards,

Ronita Barratt  Alessandra Klein  Stuart Grey

We would like to purchase a Steve Gadd Apple Shed CD for $20
Family name: _________________________________
(please enclose your money with this slip)