

# CONFIDENTIAL

## CONFIDENTIALITY

is a vital aspect of the programme.

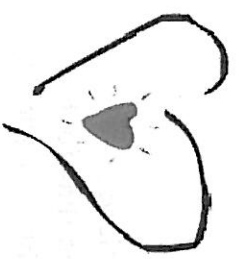
If you feel that your child would benefit from the Rainbows programme please let Stuart Kelly know.

You might like to send back this slip, you might phone, you might decide on sending an email.

Your contact will remain confidential.

Name of child:
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Please contact
(Nominate parent or guardian):
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The kind of loss my child has suffered:
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### How does it work ?

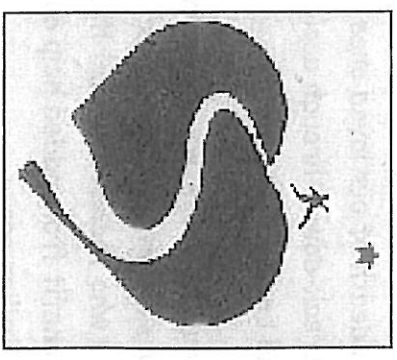
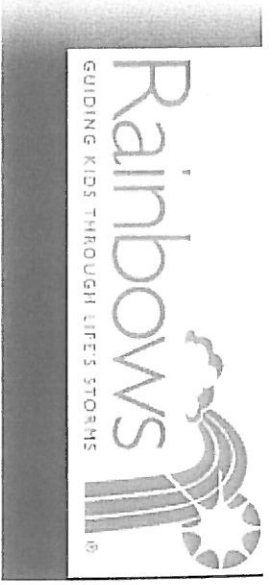


Rainbows groups consist of a trained facilitator and 4-6 participants. Participants are grouped according to age and often types of loss.

The program is most commonly implemented in schools, although it is also conducted in churches, youth groups and community agencies. Groups meet weekly for six weeks for up to forty minutes for Primary School students and up to one hour for Secondary School students. Very young children meet for twenty minutes or so. We have run Rainbows programmes in 2010 and 2011.

On completion of the six sessions, all the groups come together for a "Celebrate Me" session. This party is designed to celebrate the children's own uniqueness and that of their family unit. The second round of six sessions culminate in a "Letting Go" party. The participants celebrate their feeling of healing and forgiveness by some symbolic action, such as launching paper boats or setting off balloons.

In our school, the sessions are conducted during school hours.



Sacred Heart Catholic School

Geeveston

offering hope



In  
Sacred Heart Catholic School  
Georgetown

we know that life is not always easy for our students.

Grief and sadness comes to all of us through death of our loved ones, through family break-down, through accidents to mind and body.

Whatever the cause, we are committed to offer support to those of our students who themselves feel that they would benefit from added help and whose families agree.

Depending on the students involved, we might have an older and a younger group. Eva Dunn will be responsible for these groups. She was trained as a Rainbows facilitator by Sister Margaret Henderson, from the CEO.

# HOPE

RAINBOWS is an international, not-for-profit organization that fosters emotional healing among children grieving a loss from a life-altering crisis.

The principles of embraced by Rainbows are:

- Educates and builds public awareness about the growing number of children suffering significant loss in their lives.

- Believes that grieving youth deserve supporting, loving listeners as they struggle with their feelings.

- Provides accredited training for all volunteers to prepare them for the commitment of assisting bereaved youth.

- Supports our volunteers working at our accredited places with a network of trainers and registered directors.

- Produces high quality programs offered at no cost to the children.

- Is available to children of all races and religions.

- Serves as an advocate for youth who face life-altering crises.

